



A LITTLE TOO MUCH
'ALONE' TIME?
WELLBEING {page 18}

NYC's **No.1**

**FREE DAILY
NEWSPAPER**

SOURCE: CAC Q4, 6 MONTH AVERAGE. PERIOD ENDING MARCH 31, 2011.

metro 

NEW YORK

Wednesday, August 24, 2011

www.metro.us



Max 82°
Min 69°

Shaken

► 5.8 earthquake in Virginia felt up and down the East Coast ► Only weeks before 9/11 anniversary, tremor rattles nerves, revives memories of a city in panic {page 02}



► Nervous New Yorkers fled their office buildings yesterday and tried to get through to loved ones on clogged cell phone networks.

News

Gaddafi's compound taken over

► Rebels celebrate their gains in Tripoli ► But officials warn that fight isn't yet complete
► Gaddafi still at large {page 06}

A split for Mr. and Mrs. Smith?

Will and Jada insist that breakup rumors are just that, rumors {page 10}



**WIN
TICKETS
TO THE U.S. OPEN!!!**

Log on to
www.metro.us/newyork/clubmetro
for your chance to win!

Sign up for Club Metro and stay in the loop to win great prizes and receive special offers!

Free Tropicana Samples!
PURE PREMIUM

Today at Grand Central Taxi Stand from 7am - 2pm.



The good part
of New York
mornings

new mini bottle



Panic in streets as surprise quake hits

► New Yorkers flee skyscrapers as 5.8 temblor hits Virginia and is felt up and down the Eastern Seaboard
► Airports closed, trains shut down

Quoted



"Terrorism doesn't start with a small vibration and quickly peter out, unfortunately."

MAYOR BLOOMBERG

www.metro.us

ONLINE TODAY

WWW.METRO.US/
EARTHQUAKE
DON'T BE SHOCKED,
EAST COASTERS

WWW.METRO.US/
EARTHQUAKE
NATURAL DISASTER!
WHAT TO DO? TWEET

WWW.METRO.US/
EARTHQUAKE
MAYOR CARES MORE
ABOUT HURRICANE



New Yorkers fled skyscrapers in a panic yesterday, after feeling their office floors shake and desks sway.

Yesterday's 5.8 earthquake, which originated in Virginia, shook buildings from uptown to Wall Street, where the Trump Tower was evacuated and closed for the afternoon.

Within weeks of the 10th anniversary of 9/11, the quake also brought back unpleasant reminders of a city in crisis — tied-up phone lines, a lack of information and worries that the shaking might have been from a bomb.

Stockbroker John-Paul Yezzo said he immediately thought it was a terror strike.

"I was like, holy crap, hopefully this isn't an attack," he told Metro. "The immediate thought was 9/11. You can't not think about it."

Under his desk, he said, the floor was shaking. "There was panic in my office. You could see some terrified faces."

"I wasn't scared but I heard people saying they thought it was something

Ramifications

In Washington, the White House, Union Station and congressional buildings were evacuated.



The tip of a spire crashed onto the steps at the National Cathedral.

Two power plants in North Anna, Va., shut down automatically when the ground began shaking.

like 9/11, since we're so close to the anniversary," said Gavin Singh, 31, who works on Wall Street.

Mayor Michael Bloomberg announced only two reports of damage, both minimal and both in Brooklyn: a partial collapse of a chimney and the other a damaged building on Fourth Avenue.



ALISON BOWEN
alison.bowen@metro.us

Safer in a high-rise?

NEW YORK. Whether they were on the eighth floor or the 58th, many New Yorkers were terrified to be trapped inside high-rises during yesterday's tremble.

But a modern high-rise may actually be safer than a smaller building, says Jerry Hajjar, chair of the engineering department at Northeastern University.

"High-rises are built to sway more on a regular basis due to wind," said Hajjar. "Compared to an old two- or four-story masonry walk-up ... those are much stiffer," and more susceptible to damage from a quake, he said.

For example, a new 30-story building is designed to sway back and forth about 9 inches. It's not uncommon for buildings taller than 50 stories to sway a few feet, he said. ● METRO/CB



► People frantically checked their phones in TriBeCa after evacuating for the quake.

4K

Number of people who called 311 per hour by 4 p.m. yesterday. 311 typically receives 2,300 calls per hour, according to Mayor Bloomberg.

"I was on the 29th floor and looked out on Wall Street and saw the buildings shaking. It was definitely from more than just the wind."

CHRIS WASIK, 28

600

Tremors were felt at least 600 miles away from the quake's epicenter. Seismic waves travel efficiently on the East Coast, seismologists say.

What to do if you're in a high-rise

NEW YORK. What to do if you're in a high-rise and an earthquake hits?

"I would get under a desk so things don't fall on you," said Larry Brown, a Cornell University seismology professor. "Book cases, falling lamps, get away from those things."



► Experts say staying high is actually the safest bet.

As far as fleeing the building itself, in a serious quake you likely won't have time to get outside, said Brown, especially if you're high up.

"You obviously don't want to get in the elevator but it may not be a bad idea to go down the stairwell because stairwells are reinforced," he said. "In an urban environment, you are actually safer inside than out because of falling glass." ● METRO/CB

B A R N E Y S N E W Y O R K
WAREHOUSE
SALE

TOMORROW - SEPT 05

255 West 17th St, Between 7th & 8th Ave, New York, NY 10011

212 450 8400

50-75% OFF

retail prices on our selection of the finest designer clothing,
shoes + accessories for men,
women + children as well as gifts for the home.

Thu, Aug 25 + Fri, Aug 26, 8am-9pm

Sat, Aug 27 + Sun, Aug 28, 10am-8pm

Mon, Aug 29 - Wed, Aug 31, 10am-9pm

Thu, Sept 1 + Fri, Sept 2, 9am-9pm

Sat, Sept 3 + Sun, Sept 4, 9am-8pm

Mon, Sept 5, 9am-7pm

Barneys.com

SAVE BIG ON PRESCRIPTIONS!

Prescription Discount Card

NYC



BIN# 011677
Group# NYC42
ID# NYC42

For more information or to locate a participating pharmacy go to: **BigAppleRx.com** or call **311** or **1-800-697-6974**
Help Desk for Pharmacists: **1-800-881-2719** TTY: 1-800-662-1220

DISCOUNT CARD

THIS IS NOT INSURANCE



INTRODUCING BigAppleRx card

Cut out card above or take this entire ad to your pharmacy and start saving!

Everyone is eligible for the **FREE** BigAppleRx card.

Save an average 47% on prescriptions.

15% average on brand name drugs.

53% average on generic drugs.

Accepted at most pharmacies throughout the 5 boroughs.

- Save every time you use
- Use as often as you like
- No forms to fill out
- Good for the entire family

**TEXT NYP31 to
487267 (HTrans)
to get the card now!**

Message and data rates may apply.
terms at www.htrans.net/bigapplerrx
Text **STOP** to 487267 to opt out.

To learn more or to price your medication go to **BigAppleRx.com** or call **311**.

City of New York's Official Prescription Discount Card

This is not insurance.

NYC

HEALTHTRANS
Access

04

www.metro.us

WEDNESDAY, AUGUST 24, 2011

Strauss-Kahn free: Judge drops case

► Judge agrees with Manhattan district attorney to drop the charges ► Maid will continue her civil suit

Dominique Strauss-Kahn left Manhattan Supreme Court a free man yesterday.

A judge dismissed the charges against him, agreeing with prosecutors who said they were no longer confident they could prove he was guilty beyond a reasonable doubt.

A last-ditch appeal by the maid's attorney to keep the case alive — asking for a special prosecutor to take the case — was also denied by a separate judge yesterday afternoon.

"Our job is to seek justice, not convictions at any cost," District Attorney Cy Vance said yesterday of his decision to drop the charges.



► Legally vindicated

Attorneys for the former International Monetary Fund head maintained that a sexual encounter did indeed happen between the two, but it was consensual.

"This is the end of a terrible and unjust ordeal," Strauss-Kahn reportedly said yesterday. "I'm eager to return to my country."

After the hearing, Strauss-Kahn's lawyer, Benjamin Brafman, explained the distinction between criminality and perversion. "You can engage in inappropriate behavior, perhaps, but that is much different than a crime," he said.

Kenneth Thompson, the maid's lawyer, said, "We are disappointed that District Attorney Vance apparently does not believe in equal justice."



ALISON BOWEN
alison.bowen@metro.us

WE ARE HIRING IN MANHATTAN!

COME VISIT US AT OUR RECRUITMENT FAIR

WEDNESDAY AUGUST 24TH 11AM-8PM FRIDAY AUGUST 26TH 9AM-6PM

THURSDAY AUGUST 25TH 11AM-8PM SATURDAY AUGUST 27TH 10AM-7PM

HILTON NEW YORK FASHION DISTRICT, 152 WEST 26TH STREET, NEW YORK, NY 10001

MANAGEMENT, FULL-TIME AND PART-TIME OPPORTUNITIES AVAILABLE.
DON'T FORGET TO BRING YOUR RESUME! WE LOOK FORWARD TO MEETING YOU.

JOE
MIMRAN
FOR

Joe
FRESH

Challenge to honor the fallen

► Training continues for first-ever Civilian Military Combine ► 7-mile mountain run ► Metro Challenge winners tell why they're running

Why we train

As part of the Metro Challenge, we selected three New Yorkers out of the more than 100 who applied to train and compete in the first-ever Civilian Military Combine, a race and obstacle course to be held the weekend of Sept. 11. The combine is a seven-mile mountain run through the Pocono Mountains, with a military obstacle course positioned at every mile marker. We asked each Metro Challenge winner: Why are you doing this?

● METRO



► Sean Rogers, left, one of the founders of the Civilian Military Combine, stands with Metro Challenge winner Sean Smith after a workout on Monday to train for the race.

Esther Carpenter

Carpenter currently works for the Parks Department, but dreams of one day becoming a police officer.

► Age: 26
► Height: 5 feet 6 inches
► Weight: 125 pounds
► In her words: "I'll be participating in support of the

FDNY Burn Center. This particular charity is so important to me and my family because my brother, Joseph Carpenter, is a FDNY firefighter in Brooklyn. I hope my CMC effort will in some way honor the 9/11 victims and their families, and reflect the respect I have for the 9/11 rescue and support teams."

Sean Smith

Smith worked on the floor of the New York Stock Exchange on 9/11. He lost 17 friends and family members, including his closest cousin, that day.

► Age: 35
► Height: 5 feet 9 inches
► Weight: 185 pounds

► In his words: "I'll be fundraising for the Semper Fi Fund, in honor of my father, and Memorial Sloan-Kettering Cancer Center and Hope and Heroes Children's Cancer Fund. I run in honor of the more than 17 people I knew that died on 9/11, and my father, a Marine, who died of cancer when I was a senior in high school."

Robert Hawthorn

Hawthorn is a recent Fordham University graduate who is honoring a family friend, Chris Wodenshek, who died while working at Cantor Fitzgerald on Sept. 11, 2001.

► Age: 23
► Height: 6 feet 1 inch

► Weight: 175 pounds
► In his words: "I'm training in order to bring awareness to the many obstacles that our servicemen and women have to endure once they return home. I believe it is the responsibility of the American people to stand together and give back to those who have given so much for our freedom."

Back-to-School Shopping and music on Fulton Street DOWNTOWN BROOKLYN



Remember to come shop at our
SIDEWALK SALES DAYS on September 3, 4 & 5

Live music!
ALL FREE!

**SUMMER CONCERTS FOR KIDS
at ALBEE SQUARE**

Final performance featuring JahPan
Thursday, Aug 25 from 10am-11am

SHOPPING & MUSIC UNDER THE STARS

Participating stores will stay open until 9pm every
Thursday until Sep. 29. Live music from 7pm-9pm
at the new Albee Square!

LATE SUMMER SOUNDS

Back-to-School concert with **BLITZ THE AMBASSADOR**
Saturday, Sep. 3 from 12pm-8pm at Albee Square
featuring Iyadade, Basement Batman, Akua
Taylor, Terence Etc., Kalae All Day and more!

ALBEE SQUARE is located at Fulton and Bond Streets
www.fultonstreet.org for schedule and participating stores

Rebels celebrate but Gaddafi still defiant

Libyan rebels sacked Muammar Gaddafi's Tripoli bastion, seizing weapons and smashing symbols of a 42-year dictatorship whose demise will transform Libya and send a warning to other Arab autocrats facing popular uprisings.

Gaddafi said his withdrawal from his Bab al-Aziziya headquarters in the heart of the capital was a tactical move after it had been hit by 64 NATO air strikes and he vowed "martyrdom" or victory in his fight against the alliance.

As night fell yesterday after a day in which rebels overran Tripoli, meeting little resistance with few casualties, heavy fighting was reported in a southern

desert city, Sabha, that rebels forecast would be Gaddafi loyalists' last redoubt.

Forces loyal to Gaddafi were shelling the towns of Zuara and Ajelat west of Tripoli, Al-Arabiya television reported.

In Tripoli itself, Reuters correspondents said there still appeared to be some hostile fire around the city center as darkness descended and looting broke out.

Al-Arabiya quoted a witness as saying that loyalist forces had fired dozens of Grad missiles at the city.

The continued shooting suggested the six-month popular insurgency against Gaddafi had not completely triumphed yet. **REUTERS**



► Rebels and citizens celebrate in the newly named Martyr's Square, formerly known as Green Square, after rebel forces overran Gaddafi's fortified headquarters in Tripoli.

Saif's act didn't slow the rebels

DOHA. Muammar Gaddafi's son Saif al-Islam tried, but failed, to undermine rebel morale with his dramatic reappearance in the Libyan capital after being reported captured, a rebel council leader said yesterday.

Surrounded by cheering, gun-toting supporters, Saif appeared on the world's airwaves



being interviewed by Western media near a government-

controlled Tripoli hotel — proving wrong rebel reports that he had been detained.

Gaddafi's heir apparent, wanted on charges of crimes against humanity, was probably trying to capitalize on the rebels' gaffe in falsely reporting his capture.

REUTERS

Chavez: Gaddafi still leader

CARACAS. Venezuelan President Hugo Chavez said yesterday he will only recognize a Libyan government led by his friend and ally Muammar Gaddafi and accused the United



States of inciting the country's civil war.

Chavez, who has

been the most vocal world leader to support Gaddafi, accused Western powers of riding roughshod over international law by backing Libya's rebels in their revolt. **REUTERS**

NYSCAS

New York School of Career and Applied Studies
a division of **TOURO COLLEGE**

Get on the Road to a Bright Future!

ASSOCIATE'S AND BACHELOR'S DEGREES

BUSINESS MANAGEMENT AND ADMINISTRATION • SOCIAL SCIENCES • HUMAN SERVICES
PSYCHOLOGY • EDUCATION • COMPUTER SCIENCE • DESKTOP AND WEB PUBLISHING
BIOLOGY • PARALEGAL STUDIES • LIBERAL ARTS AND SCIENCES* • AND MORE

*also in conjunction with the School of Health Sciences

CERTIFICATE PROGRAMS

- DMX—Digital Media Arts
- Desktop and Web Publishing

OTHER PROFESSIONAL OPPORTUNITIES

- Pre-Law • Pre-Medical • Pre-Dental

718-252-7800 x219

www.touro.edu/nyscas

Touro College is an equal opportunity institution

COME TO ONE OF OUR OPEN HOUSES!

MIDTOWN | 27-33 West 23rd Street

Wednesdays, 10 am-6 pm, 212.463.0400 x5500

UPTOWN | 240 East 123rd Street

Mondays through Thursdays, 10 am-5 pm, 212.722.1575 x101

BROOKLYN | 1870 Stillwell Avenue

Wednesdays, 11 am-7 pm, 718.265.6534 x1003

877.3.NYSCAS x1003
(877.369.7227 x1003)

Manhattan Brooklyn Queens

Start a Career in Healthcare

at the college of Mildred Elley

Graduate in as little as 12 months

- Medical Assistant Associate's Degree
- Clinical Medical Assistant Certificate
- Medical Office Assistant Certificate

We help you succeed

- Day, evening & weekend classes
- Financial aid available for those who qualify
- Earn a GED as part of studies*
- Internship programs and clinical rotations
- Lifetime job placement assistance

* Medical Assistant Associate's Degree only

Get Started Now. Call Today!

(866) 688-3018

www.mildred-elley.edu

25 Broadway, Floor 16
New York, NY 10004

Accredited Member, ACICS

For program details and disclosures
visit mildred-elley.edu/disclosures

MILDRED ELLEY

Career training for today's world.

2 DAYS ONLY!

BUYING 2 DAYS ONLY!

FOR IMMEDIATE CASH

2 DAYS ONLY!



TODAY WEDNESDAY, AUGUST 24th & TOMORROW THURSDAY, AUGUST 25th!

Starts today at these 2 convenient locations: The Renaissance Hotel in Manhattan Times Square and the Marriott Brooklyn Bridge.

Jewelry, Gold & Silver Bars, Watches, Coins, Precious Metals, Sterling Silver and Diamonds!

WHY NOW IS A GOOD TIME TO SELL!

The economic downturn of the last few years has caused the price of gold, silver and many commodities to their highest levels in over 30 years. This is the best time in decades to sell your unused gold, silver, platinum and diamond jewelry at the highest prices ever.

DIAMONDS

Instant Cash For:

1/4 Carats.....	Up To.....	\$375
1/2 Carats.....	Up To.....	\$1,500
1 Carats.....	Up To.....	\$4,250
2 Carats.....	Up To.....	\$15,250
3 Carats.....	Up To.....	\$20,000
4 Carats.....	Up To.....	\$35,000
5 Carats.....	Up To.....	\$43,000
6 Carats.....	Up To.....	\$55,000

We Need Larger Diamonds! 2 Carats and Up!

We buy all shapes, sizes & styles of cuts. Also diamonds with or without GIA certificates as well as old miners and European cuts. Bring your items in for a **FREE EVALUATION!**

STERLING SILVER

All Time Periods, Kinds & Types

We will pay up to for the following:

Centerpieces.....	Up To.....	\$3,500
Claret Jugs.....	Up To.....	\$750
Epergne.....	Up To.....	\$8,000
Full Flatware Set.....	Up To.....	\$8,500
Punch Bowls & Sets.....	Up To.....	\$5,000
Single Flatware Items.....	Up To.....	\$750
Tea Sets.....	Up To.....	\$10,500
Trophies.....	Up To.....	\$1,500

We Buy Any Type of Sterling Silver!

We purchase sterling silver of all types and makers. Rare and unusual items command the highest prices.

SILVER DOLLARS

Wanted Rare Dollars!

1794 to 1803	1840 to 1873	1878 to 1904
1836 to 1839	Trade Dollars	1921 to 1935

Your Coins Could be Worth Up To Hundreds — Even Thousands!

Check your items to see if you own any of these valuable coins:

1798 15 Stars obverse.....	Up To.....	\$25,000
Gobrecht reeded edge dye alignment.....	Up To.....	\$5,500
1873CC Liberty Sealed.....	Up To.....	\$5,500
1878CC.....	Up To.....	\$15,500
1889CC.....	Up To.....	\$13,500
1928.....	Up To.....	\$5,500

FINE JEWELRY

All Kinds, Time Periods & Types

We will pay UP TO the following for rare & collectible jewelry:

Silver Jewelry.....	\$750	Art Deco.....	\$13,000
Brooches.....	\$15,500	Cuff Links.....	\$1,000
Pendants.....	\$8,000	Pins.....	\$5,500
Necklaces.....	\$26,000	Rings.....	\$16,000
Cocktails Rings.....	\$15,500	Art Nouveau.....	\$12,500
Charm Bracelets.....	\$5,500	Lavalieres.....	\$8,000
Earrings.....	\$10,500	Garnets Jewelry.....	\$1,000
Bracelets.....	\$13,000	Bakelite Rings.....	\$750
Cameos.....	\$750	Floral Design.....	\$10,500
Victorian.....	\$10,500		

We need your jewelry items!

Bring in your unwanted jewelry in any condition for a free evaluation and a cash offer today!

We pay more for rare items. Many more items not listed accepted!

GOLD COINS

Wanted Rare Gold Coins!

United States

*\$1.00 1849 to 1889	*\$5.00 1795 to 1833	*\$10.00 1795 to 1804
*\$2.50 1796 to 1834	*\$5.00 1834 to 1838	*\$10.00 1839 to 1932
*\$2.50 1840 to 1929	*\$5.00 1839 to 1908	*\$20.00 1850 to 1933
*\$3.00 1854 to 1889	*\$5.00 1908 to 1929	

Your Coins Could be Worth Up To Hundreds — Even Thousands!

*Check your items to see if you own any of these valuable coins:

\$1.00 1849C.....	Up To.....	\$10,500
\$2.50 1796 Capped Bust large left side.....	Up To.....	\$18,000
\$2.50 1841 Quarter Eagle Liberty Head.....	Up To.....	\$5,000
\$3.00 1854D.....	Up To.....	\$10,500
\$5.00 1795 Small Eagle.....	Up To.....	\$52,000
\$5.00 1838D.....	Up To.....	\$10,500
\$5.00 1842C Small Date, 1861D, 1864S.....	Up To.....	\$6,500
\$5.00 1909O, 1929.....	Up To.....	\$6,500
\$10.00 1793 13 Leaves Below Eagle, 1796 9 Leaves Below Eagle.....	Up To.....	\$20,500
\$10.00 1859O, 1863S, 1875.....	Up To.....	\$8,000
\$20.00 1856O, 1854Q, 1860O, 1861S, 1870CC, 1886, 1891.....	Up To.....	\$10,500

Satisfied Customer Testimonials

Really like it here! Everyone is very kind, great atmosphere. I have been back 4 times!

— C. Pace

I have been here 2 times and both times the people that work here were very friendly. I would

definitely recommend this to my friends!

— J. Grace

It was really fast!

— A. Davis

I heard about this store from the radio and as soon as I got

the chance I came to sell my unused jewelry. It was a great & friendly service and I will be back!

— J. Stinet

My service was exceptional!

— C. Sweeney



Free Admission • No Appointment Necessary
Safe & Secure • Onsite Security

www.rapidcashforgold.com

GOLD

All Types Needed. Instant Cash For:

Pay up to for the following:

Chains & Necklaces.....	Up To.....	\$250
Class Rings.....	Up To.....	\$500
Charm Bracelets.....	Up To.....	\$5,500
Wedding Bands.....	Up To.....	\$250
Mountings.....	Up To.....	\$750
Antique Items.....	Up To.....	\$5,500
Single Flatware Items.....	Up To.....	\$750
Dental Gold Items.....	Up To.....	\$500
Coins & Bullion.....	Bring for quote	
Scrap Gold.....	Bring for quote	

We Buy Anything Made of Gold or Platinum, Even Broken or Damaged!

SILVER COINS

Paying Up To 2000% of Face Value. 1964 or Prior.

SAFE & SECURE!

All items are reviewed in our private, safe and secure viewing show rooms.

WRIST & POCKET WATCHES

All Kinds, Time Periods & Types

Rare Watches Worth a Fortune in Cash! Pay up to for the following:

A. Lange.....	\$25,500	Gallet.....	\$1,250	Tiffany & Co.....	\$15,000
Audemars piguet.....	\$32,500	Grubelin.....	\$42,500	Ulyssee Nardin.....	\$10,000
Ball.....	\$4,000	Hamilton.....	\$500	Vacheron & Constantin.....	\$26,000
Breitling.....	\$15,000	Illinois.....	\$1,500	Chronograph Watches.....	\$16,500
Cartier.....	\$12,500	Jules Jurgenson.....	\$16,000	Ladies Watches.....	\$11,000
Corum.....	\$3,000	LeCourte.....	\$6,000	Musical Watches.....	\$37,500
Ditshiem.....	\$14,000	Longines.....	\$13,000	Pocket Watches.....	\$52,500
Dudley.....	\$11,500	Movado.....	\$2,500	Regular Watches.....	\$11,000
E. Howard & Co.....	\$12,000	Omega.....	\$2,500	Repeating Watches.....	\$65,000
Elgin.....	\$750	Rolux.....	\$16,000	Stop Watches.....	\$11,000
Frodsham.....	\$12,000	Seth Thomas.....	\$1,500	World Time Watches.....	\$37,500



Breitling
Up To \$15,000



Rolex - All Kinds
Up To \$16,000



Pocketwatches
Up To \$52,500



Cartier
Up To \$12,500



Longines
Up To \$13,000

PLEASE NOTE:
We also purchase watches that are NOT in working order.

Our Aim is to Beat Most Offers!

We Strive to Beat All Legitimate Written Offers

Before bringing your items to us, take them to other dealers. Have them give you legitimate offers in writing. Then bring your jewelry and written offers to one of our locations. Although no one can guarantee with certainty they are paying the highest price for an article at any particular time, we will strive to beat most legitimate written offers.

Why We Can Usually Pay More Than Other Dealers

Most jewelers and dealers specialize in few items and focus on newer looking items to resell. Because they are unfamiliar with many other items including vintage jewelry, old watches, coins, flatware, etc. they tend to offer very low prices because these items are not readily saleable for them. Our company has many specialized buyers for the various classifications of items that we purchase, therefore we can usually pay more.

A Note Regarding the Up To Prices listed in this Ad

The condition and rarity of an item determines its price. If an item is in excellent condition and very rare it might be worth the up to price, or even more. However, if an item is in poor condition, the value will be lower. For example, a 1927 S Quarter could be worth \$7,000 in new condition or less than \$20 in poor condition. The up to price reflects items of exceptional quality and rarity. Although it is unlikely you will have these items due to their extreme rarity, feel free to bring whatever items you may have and we will evaluate them free of charge.

Customer Satisfaction

Most of our business comes from satisfied customers and referrals which includes their friends and families. Our showrooms are safe and private. Our staff is courteous and professional and we strive as a company to make your selling experience a pleasant one.

2 DAYS ONLY! TODAY & TOMORROW AT THESE LOCATIONS!

Today, Wednesday, August 24th: 11AM-6PM
Tomorrow, Thursday, August 25th: 11AM-6PM
RENAISSANCE HOTEL IN MANHATTAN TIMES SQUARE
714 7th Ave. at West 48th Street • New York, NY 10036
METROPOLIS SUITE

Today, Wednesday, August 24th: 11AM-6PM
Tomorrow, Thursday, August 25th: 11AM-6PM
MARRIOTT BROOKLYN BRIDGE
333 Adams St • Brooklyn, NY 11201
(Between Tillary & Willoughby St)
FULTON FERRY SUITE

money

Comeback for the Camry?

TOKYO. Toyota Motor Corp. aims to rebound from three years of crisis with a new Camry, the top-selling U.S. car, as it speeds up factory lines slowed by



Guess who's back?

an earthquake to regain sales lost to Hyundai Motor Co. and other carmakers.

The 2012 Camry has the best safety, handling and fuel economy among U.S. midsize sedans. The hybrid version averages 41 miles per gallon of gasoline — a 24 percent increase, said Bob Carter, group vice president of U.S. sales. Production starts today at Toyota's plant in Georgetown, Ky.

BLOOMBERG

New home sales sink

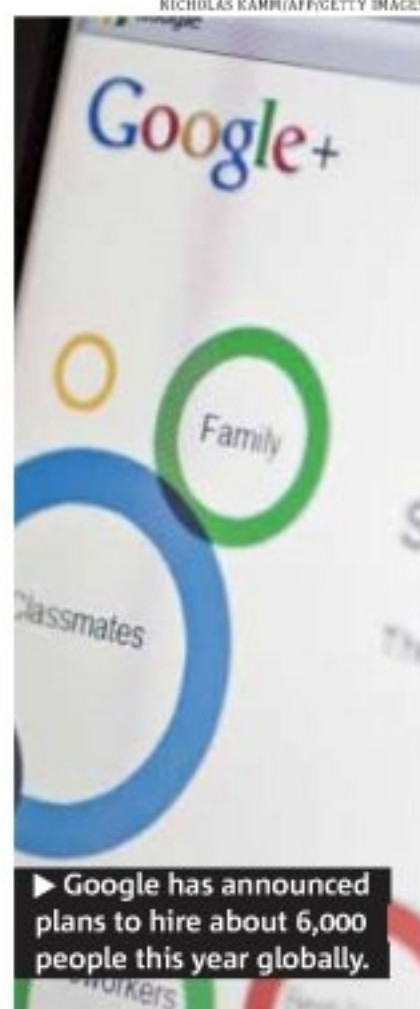
WASHINGTON. Sales of new U.S. homes declined more than projected in July to the lowest level in five months, indicating that the industry is struggling to stabilize two years into the economic recovery.

Purchases fell 0.7

percent to a 298,000 annual pace after a 300,000 rate in June that was slower than previously estimated, figures from the Commerce Department showed yesterday in Washington. The median projection in a Bloomberg News survey of economists called for a 310,000 rate in July.

BLOOMBERG

Saving Facebook: The social netwar



Google has announced plans to hire about 6,000 people this year globally.

► Strategy is acquisitions, mobile as network hub plans to thwart its rivals ► Google threat sparks action

Facebook, the world's largest social network, is planning acquisitions that will improve site design, keep service reliable and advance mobile features to stave off competition from Google and Twitter.

The company aims to make about 20 purchases in 2011, up from 10 last year and one in 2009, Vaughan Smith, Facebook's director of corporate development, said in an interview.

Facebook is betting that a focus on design will entice people to spend more time on the site, while adding mobile services that can

cater to the growing number using handheld devices. As it grapples with competition from Google and Twitter, Facebook also must bolster its system so the site runs smoothly amid rapid growth. The company has

29M

Web search leader Google launched social-networking service Google+ in June. It has already attracted 29 million people by the end of July, according to ComScore Inc.

The cost of growth

As new features pile up, Facebook needs to manage its user-interface design, said Josh Bernoff, analyst with Forrester Research.

"The challenge is that Facebook does a lot more things than it used to," he said. "To get that all to be easily navigable is not simple."

made 13 acquisitions so far this year, including adding a mobile group-messaging service it rolled out to users this month.

Facebook makes money from advertising and by taking a commission when software developers sell virtual goods on the site. As a closely held company, Facebook doesn't disclose financials. A person with knowledge of the matter said in May that the company is likely to generate more than \$2 billion in earnings before interest, taxes, depreciation and amortization this year.

BLOOMBERG

TELL EVERYONE
— GOLF —
PAID FOR YOUR HOUSE.
EVEN IF IT WAS
just one shot.

Make a Hole In One and win \$1,000,000
Visit nylottery.org for more details
Enter online by August 24th

NEW YORK LOTTERY'S
POWERBALL
Hole in One Sweepstakes



Please Play Responsibly. ©2011 New York Lottery.
You must be 18 years or older to purchase a Lottery ticket.

GRAND
OPENING

FREE
½ Hour
Massage &
Consultation
(same restrictions apply)

New York City's Premiere
Medi-Spa and Wellness Center

manhattan total health

Visit our **NEWEST** location:

Grand Central
144 East 44th Street, 6th Floor
New York, NY 10017
(212) 905-0090



www.manhattantotalhealth.com

East Coast on alert for Cat. 3 Irene

The strengthening hurricane Irene poses a potential threat to the entire U.S. East Coast from Florida to New England, U.S. officials said yesterday as forecasters tried to predict where the powerful storm might hit over the next week.

U.S. Federal Emergency Management Agency Administrator Craig Fugate and National Hurricane Center Director Bill Read issued the warning as Irene swept up from the Caribbean on a northwest track toward the States.

"We're going to have a very large tropical cyclone move up the Eastern Seaboard over the next five to seven days," Read said.

Brewing storm

Irene was expected to become a major Category 3 storm, with winds over 111 mph, by today. It could possibly intensify further to a Category 4 as it nears the southeast U.S. coast by Friday.

The FEMA chief said residents all along the East Coast should be alert not only to a potential direct landfall but also to the risk of torrential rains, high winds and flooding that Irene could bring.

"We're saying the entire East Coast," Fugate said. **REUTERS**



► Hurricane specialist Lixion Avila tracks Irene at the National Hurricane Center in Miami, Florida.

Winehouse test: No illegal drugs

LONDON. Toxicology tests showed there were no illegal substances in British singer Amy Winehouse's system when she died last month aged 27, her spokesman said yesterday.

In a statement, he added that alcohol was present, but that it could not be determined what part, if any, it played in her death.

"Toxicology results returned to the Winehouse family by authorities have

"Results indicate that alcohol was present but it cannot be determined as yet if it played a role in her death." **SPOKESMAN**

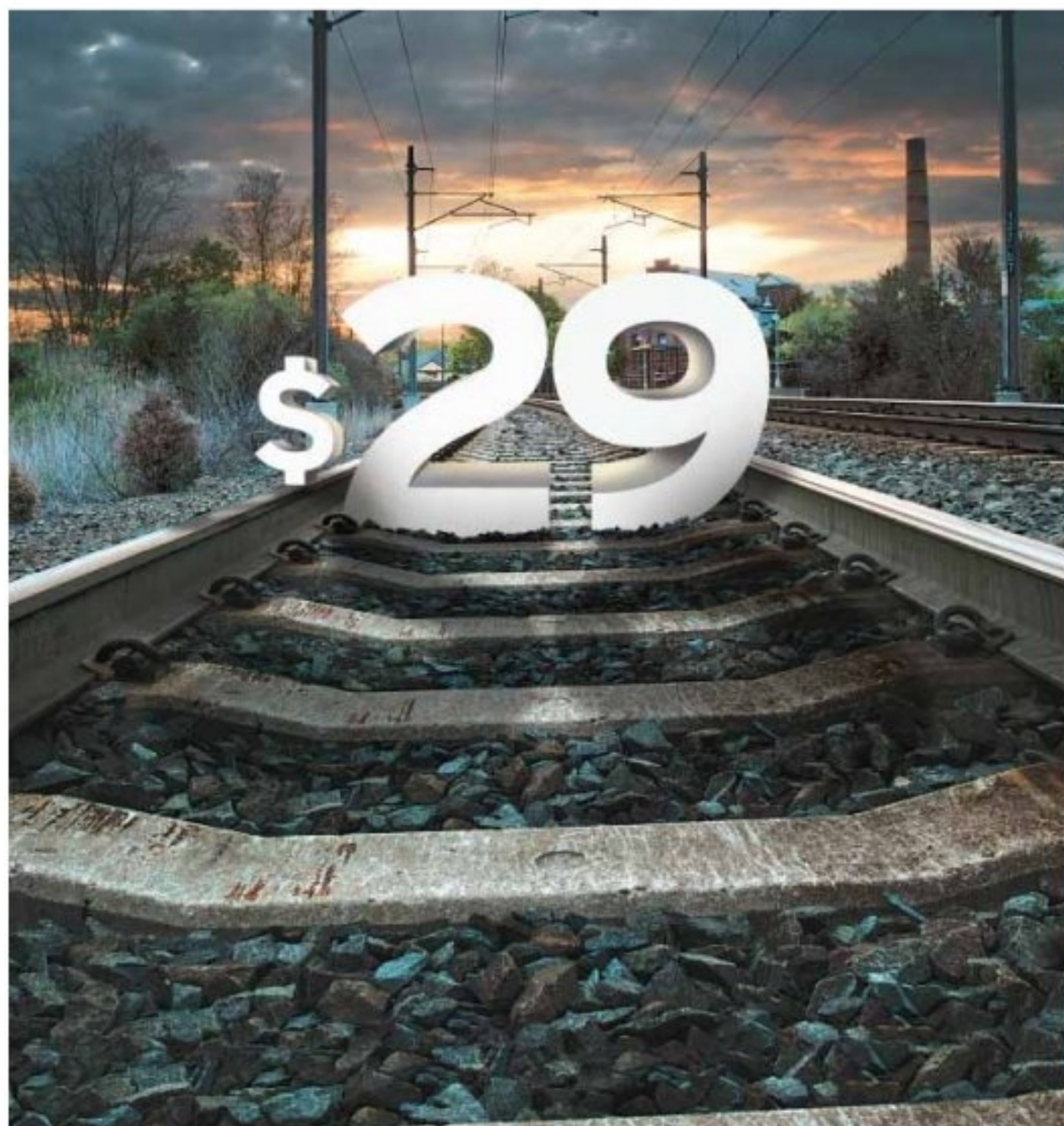
confirmed that there were no illegal substances in Amy's system at the time of her death," the statement read. **REUTERS**

Palin: I'm the decider

WASHINGTON. Former Alaska Governor Sarah Palin yesterday shot down speculation that she is close to deciding whether she will jump into the 2012 presidential race, after projections that she

would announce her plans during the Labor Day holiday weekend in early September.

The 2008 Republican vice presidential nominee has flirted for months with entering the race for the party's nomination to oppose Democratic President Barack Obama next year. **REUTERS**



NORTHEAST
REGIONAL

HERE TODAY. GONE THURSDAY.

\$29 TO BALTIMORE OR DC

AUGUST 23 → 25 ONLY

With \$29 fares to Washington, DC and Baltimore, who needs another reason to go? This incredible deal won't last long - three days, in fact. So book your trip on Northeast RegionalSM August 23 - 25 for travel October 12 - 27. As always, there are no added fees. Limited seating. Book now only at Amtrak.com.

AMTRAK.COM

AMTRAK
Enjoy the journey.SM

This offer is valid for sale between 23Aug11-25Aug11 and valid for travel between 12Oct11-27Oct11. This offer is exclusively available at Amtrak.com. Once ticketed fares are non-refundable; exchanges are permitted prior to original travel date. This offer is valid for travel on the Northeast Regional service between Washington, DC or Baltimore, MD to New York, NY only. The discounted one-way fares are valid for all passengers; no additional discounts apply. This offer is valid for coach seats only; no business class upgrades permitted. Seating is limited; seats may not be available on all trains at all times. This offer is not combinable with any other discount offer. In addition to the discount restrictions this offer is also subject to any restrictions, blackouts and refund rules that apply to the type of fare purchased. Fares, routes and schedules are subject to change without notice. Once travel has begun, no changes to the itinerary are permitted. Other restrictions may apply. Amtrak, Northeast Regional and Enjoy the journey are registered service marks of the National Railroad Passenger Corporation.

myentertainment

THE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) [dorothy.robinson@metro.us](#)

Will and Jada: Still just the two of them

ALL PHOTOS GETTY IMAGES



► Don't believe the hype: The Smith family is still together.

If you are to believe In Touch Weekly (and that's a big "if"), **Will Smith**, 42, and wife **Jada Pinkett Smith**, 39, are separating. However, the tabloid's website doesn't offer much verification for the. Their brief write-up only states:

"After 13 years of marriage, Will Smith and Jada Pinkett Smith have decided to separate, an insider tells In Touch Weekly exclusively. ... For more on this breaking news story, pick up this week's issue of In Touch Weekly."

A ploy to sell copies of the magazine? Totally! After day-long speculation by many media outlets, the famous couple sent out this joint statement: "Although we are reluctant to respond to these types of press reports, the rumors circulating about our relationship are completely false. We are still together."

The pair, long considered one of Hollywood's most successful couples, have two children together, **Jaden**, 13, and **Willow**, 10. Smith has an 18-year-old son, **Willard Christopher Smith**, known as **Trey**, with his first wife. They took to

Twitter to shut down the rumors. "#WillandJada split? No they did NOT split! False information ... its not true RETWEET!!!"

As this is not on Twitter, feel free to cut out this article and distribute at will to strangers.

A cruise with bite

Here's something only the most hardcore "Twilight" or "True Blood" fans would sign up for — the recently announced Alaskan cruise **Vamps at Sea: A Vampire Convention at Sea**. Per the press release, the cruise will be a way for vampire aficionados to meet special guests, including "Dracula The Undead" author **Dacre Stoker** — the great-grand-nephew of "Dracula" author **Bram Stoker**. Activities include a Vampire Ball, costume contest and auction for charity (proceeds going to the Blood Donor division of the American Red Cross).

Shore excursions apparently include zip-lining, duty-free shopping and sucking on virgins.



Vampires like cruises? Who knew?

The feed ...

► Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Kristen Bell is getting a kick out of flying, **Jamie Kennedy** is sharing his wisdom, **Kirstie Alley** is not a fan of remakes and **Conan O'Brien** knows what he likes.

► **@IMKristenBell**
The stewardess just included calculators in her list of devices that must be powered down for take off. And she said it in all sincerity.

► **@JamieKennedy**
If you see a ruler in a gas station bathroom ... don't touch it.

► **@kirstiealley**
The day some studio decides to remake To Kill A Mockingbird ...imma kill all the mocking birds on earth. Thatll show em....er...that I'm nuts

► **@ConanOBrien**
I like my women the way I like my coffee. Yup, I like blonde slutty coffee with low self esteem.



Kristen Bell

Talking points

No guest role for Richards

Denise Richards reportedly turned down a guest-starring role on the season premiere of "Two and a Half Men," the show from which her ex-husband, **Charlie Sheen**, was fired, according to TMZ. Sources close to the show say producers wanted Richards to appear alongside new series star **Ashton Kutcher**, but Richards told them she wouldn't do it, as "she would



► Denise Richards

never hear the end of it from Charlie."

Beckham is still in flats

Victoria Beckham is recovering from a slipped disc in her back, and appeared in public for the first time since the problem developed — and she wasn't wearing her trademark high heels, according to Us Weekly. It's been speculated that the slipped disc was caused at least in part by Beckham's insistence to wear stilettos during her recent pregnancy. "Thank you for your kind messages," Beckham posted on Twitter recently. "I'm

feeling much better and enjoying every precious minute with baby Harper. I'm so in love."

Why don't you want Pitt's property?

Brad Pitt is looking to unload his four-bedroom, 4,000-square-foot Malibu estate, according to Hollyscoop. The home boasts a massive kitchen, three fireplaces and a tennis court, as well as steps down to a private beach. The property was recently approved to have an additional floor built on as well. Pitt is asking \$13.75 million for the property.



Strutting their stuff for the red carpets from coast to coast

1: Kelly and Sharon Osbourne attended the screening of "God Bless Ozzy Osbourne" to benefit the Musicares Map Fund on Monday in Hollywood. One notable exception to the red carpet? Ozzy himself. No reason was given for his no-show.

2: Taylor Lautner saw his name in lights at the "Abduction" Sydney premiere at Hoyts Cinemas on Tuesday in Australia.

3: Zoe Saldana attended the Miami Red Carpet Screening of TriStar Pictures' "Colombiana" at Regal South Beach in Miami on Monday.

4: Singers Jessica Jarrell (left) and Cody Simpson appeared during a performance and fashion show for Pastry Shoes at the Fashion Show mall on Monday in Las Vegas.

5: Helen Mirren attended a screening of her new film "The Debt" at the Tribeca Grand Hotel screening room on Monday in New York.

6: Anne Hathaway dazzled in white at the European premiere of "One Day" at The Vue Westfield on Tuesday in London.

1: JASON MERRITT/GETTY IMAGES
2: MARK METCAL/GETTY IMAGES
3: GUSTAVO CARALLERO/GETTY IMAGES FOR COLUMBIA PICTURES
4: ETHAN MILLER/GETTY IMAGES
5: ANDY KROPP/GETTY IMAGES
6: DAVE BOGAN/GETTY IMAGES



www.metro.us

SPY A CELEB IN YOUR NEIGHBORHOOD? SNAP SOME PICS AT A GREAT SHOW LAST NIGHT? SEND YOUR SEEN ON THE SCENE PHOTOS TO THEWORD@METRO.US AND WE'LL PRINT THE BEST ONES HERE.



GET YOUR BEACH BODY BACK

HOW MUCH CAN YOU LOSE IN 6 WEEKS?

- TOP MD BOARD CERTIFIED INTERNIST-ADMINISTERED WEIGHT LOSS PROGRAM
- FAST, HEALTHY AND SAFE WEIGHT LOSS
- PROGRAM IS PERSONALIZED TO YOUR OWN METABOLISM AND LIFESTYLE
- WE USE LATEST TECHNOLOGY WITH NEW BODY COMPOSITION ANALYSIS (BCA)
- NEW FAT-BURNING COMPOUNDS
- 6 WEEK OR 12 WEEK PROGRAMS TAILORED FOR YOU
 - ~ ACCELERATED PLANS AVAILABLE
 - ~ PACKAGE PRICES AVAILABLE

*SCHEDULE YOUR \$35 CONSULTATION TODAY TO FIND OUT HOW MUCH WEIGHT YOU CAN LOSE IN 6 WEEKS

MANHATTAN MEDICAL
WEIGHT LOSS PHYSICIAN

110 EAST 40TH ST., SUITE 606 NEW YORK, NY 10016


(212) 490-7700

MANHATTANMEDICALWEIGHTLOSSPHYSICIAN.COM

2011 EDUCATION EXPO

REGISTER TODAY

LIMITED SPACE LEFT!



THURSDAY, SEPT 8 / 11:30AM - 6:30PM
 GRAND CENTRAL TERMINAL'S VANDERBILT HALL
 750,000 people pass through Grand Central Terminal each day, and it is home to the Metro North regional rail lines, 6 MTA subway lines as well as 13 bus services and airport shuttles.

Participate in a 2011 Education Expo and get face time with potential students and working professionals who are too busy to attend campus open houses or traditional education fairs.

RESERVE YOUR BOOTH BY: THURSDAY, SEPT 1

FOR MORE INFORMATION CALL SHARI WHITE AT (646) 792-8071 OR E-MAIL AT SHARI.WHITE@METRO.US

RUSH PASSPORTS & VISAS

- Passport Renewals original/photos
- All Visas--All Consulates
- DMV/ License Plates

10% Discount with this Ad

IT'S EASY INC

30 Rockefeller Plaza, N.Y. Concourse level - A licensed private service bureau. Pick-up and delivery available
 itseasyservices.com

877-33-ITS EASY CALL TODAY

24 Hour Service Available

LASER CENTER BEAUTY AND YOUTH
 FOR MEN AND WOMEN • www.BeautyAndYouth.com



ZERONA
 Non-Invasive Body Contouring

MELT YOUR FAT. INTRODUCING ZERONA BODY SLIMING LASER.
 Lose 3-9 inches in just TWO weeks. Zero pain, zero side effects, zero down time. Full treatment (6 sessions reg. \$2000) **\$1500**

LASER SPECIALS

- \$99 & UP**
 - Get rid of Pigmented Lesions and Sun Spots
 - Spider vein removal
 - Stretch marks removal
- \$149 & UP**
 - Remove Rosacea
 - Shrink your facial pores
- \$199**
 - Non Surgical Laser Facelift
- \$379**
 - Pckg-Full Body Laser Hair Removal

WE BEAT COMPETITORS LASER PRICES

212.463.0246 • 17 W. 8TH St (Btw 5th & 6th Ave)

myentertainment

In 'Bitter Herbs,' no olive branch



► Julie Halston stars as Wendy, left, and Marcia Jean Kurtz as Olive in "Olive and the Bitter Herbs," a new comedy by Charles Busch running through Sept. 3.

► Curmudgeonly Olive irritates her fellow characters, but never the audience in the Primary Stages premiere of Charles Busch's comedy

Crotchety and cranky when she's not being downright nasty, Olive (Marcia Jean Kurtz) is a piece of work. Best known as the "gimme the sausage" lady in the classic television commercial, she alienates just about every living human she meets but has somehow managed to attract the soul of the late Howard, a weekend drag queen, to inhabit her mirror in Charles Busch's "Olive and the Bitter Herbs," at 59E59.

But then everyone's attracted to her mirror, from Wendy (Julie Halston), a good soul who helps the aging Olive navigate her life, to Trey (Dan Butler) and Robert (David Garrison), the gay couple that lives next-door. Only Sylvan (Richard Masur) is indifferent to the lure of the looking glass, perhaps because he's so drawn to Olive herself.

Director Mark Brokaw keeps his tight-knit cast remarkably focused. Kurtz rules the roost as Olive — she dominates her living

room, where the entire play takes place — but has lots of support from an amazing cast. For all her ill humor, Kurtz's Olive is never grating — at least not to the audience. (The characters in the comedy would surely tell you otherwise.)

Unlikely coincidences abound and seem perfectly in keeping with the reality of the play in classic Busch style. If it doesn't quite reach the heights of "The Tale of the Allergist's Wife," it comes close and is very much in its spirit. The humor is consistent and intelligent, and the plot is engaging throughout.

If you go

'Olive and the Bitter Herbs' Through Sept. 3 59E59

59 E. 59th St. \$65, 212-279-4200 www.primarystages.org

MICHAEL BRACKEN
 michael.bracken@metro.us

LOOSE DENTURES?

Leaders in Implant Dentistry!-Est 1977

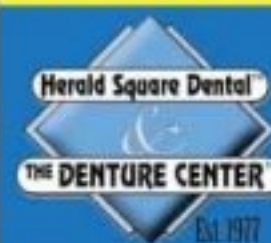


- LEAVES YOUR PALATE UNCOVERED
- AFFORDABLE, QUICK & EASY
- No More Messy Adhesives
- Prevents Rubbing and Soreness
- Helps Improve Speech, Digestion, and Self Image
- More Confident Smile
- Most Insurance Welcome

Emergencies Welcome Senior Cit. Discounts
 DENTURE REPAIRS AND RELINES WHILE-U-WAIT!

Featured on: TopDoc America
 on NBC CBS FOX abc

FREE CONSULTATION



CALL NOW!
212-689-0024

224 West 35th St., New York, NY
 16th Floor (between 7th and 8th Avenues)
 www.heraldsquaredental.com

\$400 FULL BODY
 Sup Satori Laser Hair Removal

Located in The New Yorker Hotel, 481 8th Ave - Suite 815
 DIAMOND TONE: Skin Rejuvenation / Microdermabrasion

Officially Recommended by APM, MAJOR & WILHELMINA NYC Model Agencies

212-268-7799

Men & Women

EyeBrow / Chin / Upper Lip \$ 20
 Bikini \$ 60 UnderArms \$ 40
 Brazilian \$ 99

Attention, Please!

We use Candela GentleLASE and GentleYAG



SPECIAL! \$280
 Underarms Lifetime Package

SatoriLaserHairRemoval.com 10am-10pm / 7days a week

What we're into

Next month: PostSecret goes mobile

PostSecret started as a simple project: Anonymous participants were asked to send founder Frank Warren postcards containing secrets. More than six years later, he still receives hundreds of secrets a week — some playful, some hopeful, some devastating — and has published selections in five best-selling books. While the physical, often beautifully designed postcards are undoubtedly part of the charm, the upcoming PostSecret mobile



app adds another interesting layer: Readers will now be able to respond to the secret-sharer. It's a curious feature for a project that thrives on snail mail and anonymity, but if smartphones have taught us anything, it's that both are endangered species.

In October: International Sake Day

We've always thought that the fall could benefit from a sanctioned drinking holiday. Enter International Sake Day, which — according to quite possibly our favorite press release of the week — is celebrated on Oct. 1. Who decided this, when did it come into existence and what are the customs? Less questions and more sake bombs, grasshopper.

MONICA WEYMOUTH



► Here's to International Sake Day!

vada SPA Makes it EASY

ABC and 1 FREE Laser Specials

A- 3 sessions of either Lip, Chin, or Underarm and 1 free manicure - \$99

B- 2 session full face or Brazilian bikini and 1 free eyebrow wax - \$99

C- 1 session full leg or full arm w/ underarm or back and 1 free 30 minute massage - \$99

Waxing Specials

Brazil Wax- \$25

Full Body Wax- \$55

Micro w/Mini Facial- \$55

Teeth Whitening- \$50

Just for You \$89

- 30 minute Swedish massage, Out to Lunch Express Facial, manicure and pedicure, glass of white or red wine



Vada Spa & Laser (212) 206-1572

387 6th Avenue (between Waverly and Greenwich) www.VadaSpa.com

ACCIDENT ?

• Car Accidents • Medical Malpractice • Slip & Fall Accidents •
• Construction Accidents • Workers' Comp • Lead Paint Poisoning •
• ALL OTHER ACCIDENTS •

★★ DOCTORS ON CALL TO REVIEW YOUR CASE ★★

• FREE CONSULTATION •
NO FEE UNLESS WE WIN YOUR CASE

(212)889-2808

RORY M. SHECTMAN, ESQ. • 445 Park Avenue, 9th Fl, New York, NY 10022

Cosmetic Dermatology of the Foot and Ankle

Beautify and Rejuvenate

State of the art Laser Procedures to cure nail fungus, spider veins, hair removal and warts.

Botox for excessive sweating.

Cosmetic surgical procedures to improve foot aesthetics including toe shortening.

WEAR YOUR HEELS COMFORTABLY AGAIN

Sculptra filler injection to help replace loss of cushion to the balls of your feet.

BOARD CERTIFIED BY THE AMERICAN COLLEGE OF FOOT AND ANKLE SURGEONS

Dr. Steve Menna & Dr. George Pace
347 Fifth Ave Suite 1110 MANHATTAN
Across from the Empire State Building
212.629.5090

52 Duane Street MANHATTAN/TRIBECA
212.349.7676

133 Smith Street BROOKLYN
718.330.1117 (between Dean & Bergen)

manfootcare@aol.com

www.manhattanfootcare.com

SATURDAY APPOINTMENTS AVAILABLE
WE ACCEPT INSURANCE AND CARE CREDIT



MANHATTAN
FOOTCARE

Podiatric Medicine & Surgery
of the Foot and Ankle

- Foot rejuvenation with fillers and peels.
- Microdermabrasion
- Chemical Peels • "Footial"

Tired of Snoring?

Sleep is not a luxury ... It's a necessity.

Snoring is a shared problem with a single solution.

MANHATTAN
SNORING&SLEEP
CENTER

Our specialists only treat snoring and sleep apnea.

Taking a minimally invasive, in-office approach allows you to get quick, safe and affordable treatment, avoid painful surgery and cumbersome masks.

WHY WAIT?

You don't have to live with snoring and its potential health risks.

We can tailor a plan to treat the cause of your snoring, and give you the quality sleep you need.

Call us at 866-352-0602 to schedule your appointment.
Visit us at nycsnoring.com to learn more.



myentertainment

TV watch list



► The judges are back on "Top Chef Just Desserts."

'Top Chef Just Desserts'

REALITY. Last course takes center stage as the confectionary battle, again hosted by "Top Chef" judge Gail Simmons, kicks off its second season. Season premiere, 10 p.m., Bravo

'The Hour'

DRAMA. Ratings are down and reviews are terrible for the new BBC news program. But everyone looks so good in those vintage clothes! 10 p.m., BBC America

AMBER RAY

MTV2 must-see

Fantasy finally becomes reality when the Lingerie Football League returns to MTV2, live every Friday night this fall. This is anything but powder-puff — it's women's professional tackle football with 12 teams fighting for a shot to play in the Lingerie Bowl. These players train hard, tackle harder and play to the whistle. Season kicks off this Friday at 10 p.m., live on MTV2.

SPONSORED BY



Watching the Wax Museum come to life

► Boston band are at 'an exciting turning point' ► With 'Everything Is Saved,' everyone is singing along

David Wax Museum are in that beautifully hectic state of incline where they say yes to almost everything that comes their way, and it seems they're fulfilling the title of their most recent album, "Everything Is Saved."

"For many years we were booking all the shows ourselves," says frontman David Wax. "I think that now opportunities are coming knocking and it's just too hard to turn them down."

His partner in song, Suz Slezak, says it's been re-

freshing to transition from being an opening band that people happen to catch to a band that audiences get there on time to see.

"It's really a new realm to be able to go to a brand new city and have people singing along to our songs," she says. "That did not used to happen. So that's an exciting turning point."

The band began in Boston in 2007, shortly after Wax returned from the Mexican countryside, where he had begun a year-long musical fellowship. What he brought back with him were deeper understandings of and a love for the rhythms and instruments of that area. His enthusiasm was so contagious that when he recruited Slezak, who primarily played fiddle, he convinced her to invest in an instrument called a quijada, which is an actual donkey jawbone.



PAT HEALY
pat.healy@metro.us



► Wax, left, and Slezak, pose with the quijada. David Wax Museum perform as part of the Dave Matthews Band Caravan Saturday at 1 p.m. on Governor's Island. For details, visit www.bowerypresents.com.

Singing a Picasso

Wax takes a learned approach to songwriting that straddles Mexican and American cultures. Lyrically, he doesn't always draw from his own experience though.

► The infectious "Born with a Broken Heart," which is one of the songs that gets the crowd singing along in a celebratory fervor, comes from a concept that Wax read about in a Saul Bellow book.

► "I think that the song can sometimes be more honest and have some deeper kernel of truth if you're able to take yourself out of it," he says. "You see a painting of something and it looks exactly like a photograph of the thing, but then you see a painting of something and it's all distorted, an Impressionist or Picasso version — something about that captures the truth of what you're looking at in a different way."



Forex trading. Worldwide.

Forex trading on

MetaTrader 4



The MetaTrader advantage:

One of the most popular Forex trading platforms in the world. MT4 is renowned for its advanced charting package and user-friendly interface. Trade on MT4 with one of the largest MT4 brokers!

- Advanced charting and analysis package
- Free Alpari research tools
- \$250 minimum deposit
- Competitive spreads
- VPS hosting*

Alpari (US) is dually registered with the the Commodity Futures Trading Commission ("CFTC") as a Futures Commission Merchant and a Retail Foreign Exchange Dealer and has been a member of the National Futures Association ("NFA") since 2007. Member ID: 0379678. Trading foreign exchange, commodity futures, options, precious metals and other over-the-counter or on-exchange products carries a high level of risk and may not be suitable for all investors.

* VPS service is provided by GallantFX

alpari-us.com/mt4 +1.646.825.5760

Free Forex Trading Seminar for Beginners

Today, investors are looking for new investment opportunities during the recent price swings in the stock market and the global economy. Every day, more and more people are adding Forex as part of their investment strategy to potentially benefit from this volatility*. As the largest market in the world, with over 4 trillion dollars traded a day, the Forex market allows traders to either buy or sell currencies such as the euro and the Swiss franc.

Join currency analyst Andrei Tratseuski at the Wall Street Academy and learn the basics of the Forex market and trading techniques.



Analyst Andrei Tratseuski (above) instructs trading seminars at 120 Wall Street.

Now is a great time to add Forex to your investment strategy.

The free seminars will be at 12:30pm on:
August 16, 18, 24, 26, 30

Register Today! Now is a great time to add Forex to your investment strategy.

Call 1 (888) 856-8339
Online: www.fxclub.com/academy

Class size is limited to 25 people. Reserve your seat today!

ForexClub
United States

www

www.fxclub.com

1 (888) 856-8339

www.fxclub.com | 120 Wall Street, 16th Floor, | New York, NY 10005

Forex trading involves substantial risk of loss and is not suitable for all investors.

Anton Yelchin trades a diploma for a crossbow

► The actor is eager to move beyond playing high schoolers ► But he couldn't pass up the role of a young vampire hunter in 'Fright Night'

Anton Yelchin's boyish looks are working against him. "I am not necessarily attracted to playing high schoolers anymore. Like, I got pretty over it," he says. "I haven't been to high school in five years."

While his character in his latest film, "Fright Night," is a high school student, he's quick to point out that's not a major plot point. In fact, once the action gets going — Yelchin's Charley discovers his smooth-talking neighbor Jerry (Colin Farrell) is actually a vampire — it doesn't matter how old Charley is

No method necessary

Co-stars Yelchin and Farrell didn't feel the need to stay away from each other off-camera to master their dynamic, though some actors might've gone the method route. "I've never really done that ... unless I felt like I couldn't do this without just staying in [character]," he says. "We seemed to get along pretty well. We definitely weren't like, 'You stay in one corner, and I'll stay in another one.'"

as much as how scared he is, which was a major focus for Yelchin. "It adds to Jerry's menace," Yelchin says. "The more freaked out he is, the more serene Jerry can be and the more menacing he can be. Because you are Charley, you're the one that's getting freaked out that something's going to happen."

As Charley, Yelchin got to play some dress up, donning an impressive homemade vampire-hunting suit late in the film, something he'd be delighted to see fans wearing at next year's Comic-Con. "They will very

quickly discover how uncomfortable that outfit is," he says. "It was so hot. It's fireproof. I don't even know what that material is. It might as well have been bulletproof, too. It looked cool. At the end of the day, that's all that matters."

Comfort aside, the suit offered some logistical issues: "You have to pick and choose the hours that you're going to go to the bathroom," Yelchin says. "It was a b—, but it was fun."

NED EHRBAR

METRO WORLD NEWS IN LOS ANGELES



► Anton Yelchin and his infamous vampire-hunting suit can be seen in "Fright Night," in theaters now.

DENTAL IMPLANTS



We will beat or match any competitor's legitimate written estimate

\$395* +Post \$545
+Crown \$695
per Implant Total \$1,635

Nobel Biocare only \$100 add'l

*Implant, abutment & crown must be completed at our office to qualify for promotional fees

Expires 9/30/11

Speak with your Smile Today!

FREE CONSULTATION

Over 2,000 implants placed each year.

GRAND OPENING SMITHTOWN

Contemporary Dental Implant Centre



8 Convenient Locations

41st & Madison Avenue • Brooklyn
Valley Stream • Smithtown (Suffolk County)
Massapequa Park • Scarsdale
Rego Park • Wall Street

CT Scan-3D Views of the Jaw now available at our Madison Ave. location.

CALL **212-269-9500** TODAY!

Se Habla Español

www.395DentalImplant.com

OPEN 7 DAYS A WEEK

IT'S THE STALK OF THE TOWN

COMPOST COLLECTION EXTENDED AT GREENMARKET!

These Greenmarkets Accepting Kitchen Scraps for Compost Saturdays, through December 31

BROOKLYN GREENMARKETS	MANHATTAN GREENMARKETS
Brooklyn Borough Hall 8am - 5pm Court & Montague	Abingdon Square 8am - 12:30pm W 12 St & 8th Ave
Ft. Greene Park 8am - 3pm Washington Park at DeKalb	Inwood 8am - 12pm Isham St b/t Seaman & Cooper
Grand Army Plaza 8am - 4 pm NW corner of Prospect Park	Tribeca 8am - 1pm Greenwich St at Chambers
McCarren Park 8am - 2pm Union Ave at Driggs	

This program complements existing food scrap collections at Greenmarket.

Check for peels/pieces of Pileated! Hand!

212-788-7964 WWW.GROWNVC.ORG / COMPOST

mystyle

Fall bridal line from Loeffler Randall



TINA CHADHA
tina.chadha@metro.us

So much importance is placed on the gown a bride will choose for her big day, but what about the footwear?

"A good bridal shoe is something that is totally 'you.' You need to feel like yourself on your wedding day and be able to express your own individual style," says Jessie Randall, founder and creative director of Loeffler Randall, who launched her second bridal collection yesterday. "Our bridal line has the same

spirit as our regular collection — they are modern and feminine with an edge."

But unlike regular shoes, says Randall, "Bridal shoes are really special. So I keep that in mind while designing them. They have to take your breath away." Leaving us breathless this season are styles including a blush version of her hip, pointy-toe booties, sexy blue velvet lace-up stilettos, metallic lizard-printed pumps and satin heels

topped with a feminine rosette. The best part: The collection is so non-bride-y that you don't need to be a future Mrs. So-And-So to add them to your arsenal.

Pack-man chic

Join the fashion pack with an accessory that's cool and yes, practical. These man-bags are a stylish alternative to that old gym freebie or hiking holdall. **RICHARD PECKETT**



The products

- 1. Topman Altitude Rucksack, \$60,** www.topman.com
You didn't really think you'd be scaling a mountain with this on your back. This natty, retro bag is perfect for packing away your iPad, notebook and any other thing you may need to carry.
- 2. Cambridge Satchel Company 15" backpack**



Her own wedding

"I got married before starting my company, so I wore a beautiful pair of pink Stella McCartney heels," says Randall. "The takeaway from my wedding was that the shoes need to be really special and you have to absolutely love them, as I did mine."



The bridal collection ranges from \$450-\$625.

\$240, www.asos.com
Yes, it's incredibly quaint and British. It's more in line with academics cycling to and fro than the hustle and bustle of city life. But hey, that's part of this heritage satchel's charm.

- 3. Filson messenger bag, \$240,** www.mrporter.com
The buffalo check brightens up any outfit from a suit to jeans and a T-shirt.



10 MINUTES IN LINE



FOR BREAKFAST



& IT'S CASH ONLY



The good part
of New York
mornings



Free **Tropicana** Samples!
PURE PREMIUM

Today at Grand Central Taxi Stand from 7am – 2pm.

new mini bottle

mywellbeing



► What happens when it gets in the way of your sex life?

Should you worry about your partner's self-lovin'?

► Masturbation is totally healthy and normal, says psychotherapist Jonathan Alpert ► The conversation to have if it's getting in the way of sex

While many view masturbation as a perfectly healthy, normal act, others disagree. There are many reasons your boyfriend may masturbate. Some of the benefits are to relieve stress, induce sleep and help you become more aware of your sexual likes and dislikes. And, it's a safe, efficient sexual outlet where one can fantasize.

The apparent rift his hand has caused in this relationship is worth exploring. Your belief that he's cheating, frankly, is ludicrous. He's not cheating, but rather participating in a

No more drama



JONATHAN ALPERT

WWW.JONATHANALPERT.COM

The question

My boyfriend masturbates all the time. He has no problem doing it around me and it seems our sex life has declined as a result. For various reasons, I really think it's wrong and don't understand why he does it. I feel he's cheating on me in a way.

self-contained pleasure-inducing activity; one that he knew long before meeting you. Personalizing his masturbation and seeing it as rejection paints him as a bad guy and doesn't lead to a healthy exploration of the role you play in improving the relationship.

Your sex life may have declined as a result of his masturbation. In his mind, the quality of sex may be lacking and that is leading to his increased masturbation. Have an open and frank discussion with him and take a look at your respective drives and the quality, excitement and fre-

quency of sex. Tweaking these areas may improve compatibility and make him less reliant on self-stimulation. Finally, view masturbation as your friend rather than foe and open your mind to the benefits outlined above, which could enhance your sex life. You might even find mutual masturbation to be both satisfying and an additional way to connect.

— Jonathan Alpert is a licensed psychotherapist. E-mail him your questions at jonathan@jonathanalpert.com

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Real



Solutions

The health insurance plan you trust has a brand new look.

Amerigroup Community Care has a new look. You'll be seeing it on our website, on our signs, in ads and brochures—even on your member ID card. But Amerigroup hasn't changed. You'll still get the same health benefits, coverage and service as ever.

Meeting health insurance needs for the people we serve is what we do at Amerigroup every day. How can we help you?

For more information on Medicare, call us toll free at 1-866-805-4589 (TTY 1-800-855-2880) from 8:00 a.m. to 8:00 p.m. EST, 7 days a week.

For more information, call us toll free at 1-888-707-5570. Or call 1-888-592-5570 (TTY 1-800-855-2880) to speak with an Amerigroup representative.



Amerigroup
RealSolutions
Medicare Advantage Plans



Amerigroup
RealSolutions
in healthcare

www.myamergroup.com



Medicaid Advantage

Medicaid Advantage Plus

Why you should hit the farmers market

If there's one thing that Chris Leahy looks forward to, it's shopping at New York City's Union Square Greenmarket. "Nothing beats walking in and seeing the first strawberries of the season or all the corn or tomatoes," the executive chef at Manhattan restaurant Lyon enthuses. For him, fresh, locally farmed produce has the best flavor. "It's been fully ripened naturally, and some of it is even picked that morning. You can taste it in the produce."

Dietitian Gloria Tsang,

www.metro.us

FOR THE FULL STORY, VISIT
WWW.METRO.US/
WELLBEING

founder of nutritionist network HealthCastle.com and author of "Go UnDiet," says there's another reason why fresher is better.

"Think about how it grows on a vine or plant. How do the vegetables and fruits get their nutrition? The longer it stays on the mother plant, the more vitamins it gains. If it's picked

when the plant is fully ripened, it has more nutrition. With produce that's grown in [say] South America, it's picked green and gassed later to ripen it. Then it sits in storage."

Storage adds further damage to fruit and vegetables. Once picked, exposure to light, air and heat means vitamins and minerals start to be destroyed, even at a farm stand. For optimum nutrition, Tsang says, "Shop early in the morning: There's less damage from sunlight and they have been handled less."



► You can't always get produce this super in the supermarket.

Your market shopping list

Tsang's recommendations:

- Buy now: summer berries and fresh herbs (freeze some for winter)
- For fall: beets, broccoli, cranberries, pumpkins, squashes

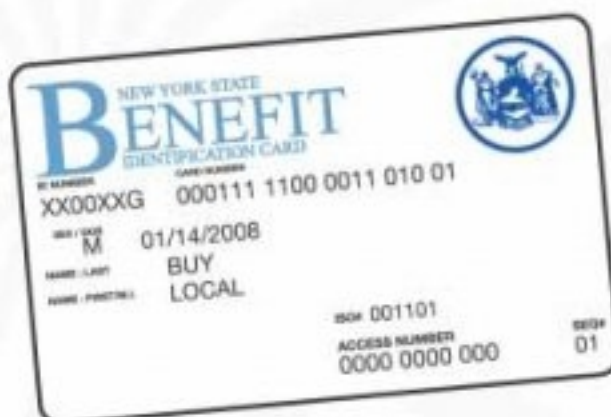
Leahy's recommendations:

- Buy now: corn, heirloom tomatoes (like Brandywine, chocolate and cherry), items to pickle like Kirby cucumbers and onions
- For fall: apples, quince, Concord grapes, butternut squash

LINDA CLARKE
letters@metro.us

USE YOUR
EBT CARD

AT 43 GREENMARKETS



EBT accepted at 43
Greenmarket locations
throughout the five boroughs
including Union Square.

For more information visit:
WWW.GROWNYC.ORG



For a FREE consultation,
please call 212-951-7352



With a properly fitting socket that provides stability, comfort and has excellent suspension, this patient has the opportunity to pursue his passion for the martial arts.

Prosthetics in Motion

Visit Our YouTube Channel

Manhattan Prosthetic Facility

specializing in fitting customized prostheses for patients of all ages and functional levels.

- Lower & Upper Extremity
- C-Leg/Rheo 2
- i-Limb/Dynamic Arm
- Pediatrics
- Congenital Anomalies
- Sports Prostheses
- Vacuum Socket Technology

Medicare & Medicaid Provider
Most Insurance Accepted

An ABC Accredited facility providing **Quality Prosthetic care.**

Chris Kort CPD/ President of Prosthetics in Motion has been serving the Prosthetic community for 16 years.

www.prostheticsinmotion.com • prostheticsinmotion@gmail.com • 212-951-7352
12 East 33rd St, 9th Floor, New York, NY 10016

Got Foot Pain?

Don't let foot pain slow you down • Caring & Experienced Podiatrists
Immediate appointments available

Dr. Afsaneh Latifi Dr. Walter Perez

MIDTOWN OFFICE
62 W. 45th St. 2nd Fl (Between 5th and 6th Ave)
New York, NY 10036

646-381-2568

- Prompt attention to podiatric emergencies
- Surgical evaluations • Spa ambiance at our state of the art office

Medicare, local unions and most private insurances honored
Additional offices in Brooklyn, Queens & Franklin Square, LI

**Complimentary Professional Foot Exam
with The Purchase of Custom Made
Orthotics**

**30% OFF
ORTHODICS
\$349**

**Got Warts? The
Latest CRYOPEN
Procedure 30% OFF**

20

www.metro.us
WEDNESDAY, AUGUST 24, 2011

mywellbeing

Today in medicine

Celiac disease on the rise in the U.S.

Study subjects: Adults
Location of study: U.S.
Results: "Nearly five times as many people have celiac disease today than they did during the 1950s," reports the International Business Times. "The rate of celiac disease has doubled every 15 years since 1974. The disease is now believed to affect one in every 133 U.S. residents," the article said.
Significance: "Researchers believe that celiac disease is increasing for the same reason other autoimmune diseases are on the rise: because of our overly clean and sanitized Western environment," concluded the argument.

Longevity and a supportive workplace

Study subjects: 820 adults (average age: 41) who worked 8.8 hour days for about 20 years
Location of study: Israel
Results: USA Today reports: "Employees who reported low social support at work were 2.4 times more likely to die during those two decades, compared with their colleagues who said they had a good social support system in the workplace. ... The modern workplace often lacks a supportive environment."

Many people telecommute; others communicate via e-mail even if they are in the same office."

Significance: USA Today quoted one of the study's authors as saying, "Work should be a place where people can get necessary emotional support."

Exercise and health

Study subjects: 416,175 men and women
Location of study: Taiwan
Results: The Lancet reports that a study placing participants into different categories based on their exercise levels found those "who exercised for an average of 92 minutes per week, or 15 minutes a day, had a 14 percent reduced risk of all-cause mortality" and a life expectancy that was three years longer.

Significance: Regular exercise is said to expand one's life span.

COMPILED BY
LINDA CLARKE



More and more
Americans
have to turn away
from this.

LASER HAIR REMOVAL SPECIALS!

- Lip, Chin, Or Underarms \$50
- Upper Arms or Lower Leg \$99
- Brazilian Or Bikini \$99
- Full Face w/ Neck \$150
- Full Leg Or Full Arms \$150
- Back Or Chest \$149
- Full Body \$499

NEW CLIENTS ONLY

Laser \$99 Only

- Spider Vein Laser - \$99/Area
- Non-Surgical Laser Face Lift
- Laser Pigmentation

Get rid of sun spots

Choose two for \$99

- Microdermabrasion - Removes Dead Skin
- Deep Cleansing Purifying Facial
- Slimming & Detoxifying Body Wrap
- Sea Salt Exfoliating Body Scrub
- Aromatherapy Massage - 1 Hr
- Glycolic Peel w/ Eye Treatment

\$69 Beach Promotion

Full Leg & Brazilian Wax plus
Manicure & Pedicure A value of \$205



**LPG
CELLULITE
REDUCTION
\$49**

originally \$135
IMMEDIATE RESULTS

Nina's
Day Spa & Laser Center

FREE CONSULTATIONS
IN BUSINESS OVER 25 YEARS

212-594-9610 www.ninasskincare.com

5 West 35th St
(btwn 5th & 6th)
Open 7 days
10am-9pm



OUTPATIENT DRUG AND ALCOHOL DETOX

STUART KLODA, MD

- Fellowship trained in addiction medicine at the Addiction Institute of New York at St. Luke's & Roosevelt Hospitals
- Board Certified by the American Board of Addiction Medicine
- A unique private practice offering discrete, one on one treatment conveniently located at Columbus Circle
- Private outpatient detoxification from drugs and alcohol with scheduled office visits and phone follow ups
- Addiction psychopharmacology (medications)
- Suboxone maintenance for opioid addiction

AFFORDABLE TREATMENT FEES!



(646) 713-6578

www.stuartklodamd.com

Manhattan's Premiere Foot Doctors!

DOWNTOWN PODIATRY

www.downtownpodiatry.com



PHOTOS OF ACTUAL PATIENTS

DOWNTOWN
111 JOHN STREET,
STE. 1450

MIDTOWN
315 MADISON AVE.
STE. 513

**EMPIRE STATE
BUILDING**
350 5TH AVE,
ROOM 2618

Call for an
Appointment Today!

1.877.BUNION.1
2 8 6 . 4 6 6 1

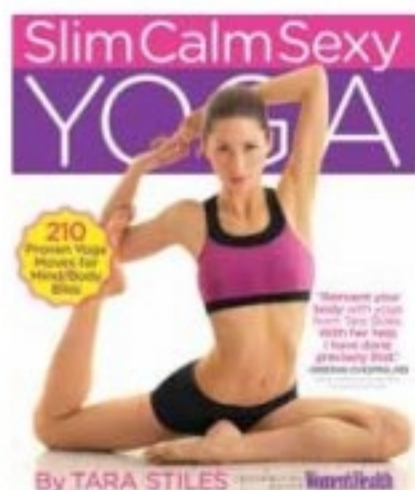
FREE CONSULTATION / MOST INSURANCES ACCEPTED

www.metro.us

MISSED YOUR METRO LATELY?

TO READ TODAY'S AND PAST EDITIONS ONLINE
OR TO DOWNLOAD AS A PDF GO TO:
WWW.METRO.US AND LOOK FOR THE
LINK TO THE PRINT EDITION

mywellbeing



Yoga for a hangover

► Tara Stiles is more of a gangster yogi than the soy latte/veggie burger kind of girl ► Deepak Chopra's yoga teacher and the author of 'Slim Calm Sexy Yoga' teaches us how to bounce back to life after an all-out drink fest

From heavy-headed to clear-minded

If last night was a heavy one and you've woken up with a set of drums instead of a brain, the last thing you may want to do is get up and work out. But according to yogi Tara Stiles, completing about 10 minutes of a simple yoga sequence is enough to get you feeling a bit better. "Just go easy and take it slow," she says.

"These moves get the blood flow going, and the twisting helps detox the liver. You will alleviate the ailments in the body and stimulate the nervous system," she explains.

Wringing out the alcohol

One alcoholic drink is metabolized in about one hour, so the amount still lingering in your system will depend on how much you drank. The sequence will help burn off a few extra calories, and will stimulate the release of endorphins — your feel-good hormones. "The main thing is to focus on the breath, not necessarily getting into the finished version of the pose," suggests Stiles.



ROMINA
McGUINNESS

METRO WORLD NEWS IN LONDON

Top three poses for your hangover

Seated easy twist

The twisting nature of this pose stimulates the liver and the kidneys and pushes the alcohol on its way out of your body. It energizes the spine and stimulates digestion. All this squeezing out is great for detoxing.

Bridge pose

After a heavy night, this pose calms the brain and rejuvenates tired legs. Overall benefits include a reduction in anxiety, fa-



► Seated twist

FOR OTHER POSE PICS, VISIT
WWW.METRO.US/WELLBEING

tigue and insomnia. The abdominal organs, lungs and the thyroid will be fired up, and digestion will improve. It's therapeutic for high blood pressure and helps lessen back and headaches.

Supported headstand

Come on all fours, interlace your hands, and place the top of your head on the ground so your hands hold the back of your head. Tuck your toes and straighten your legs so your hips are over your shoulders. Stay here for 10 long, deep breaths, and rest in child's pose.

Fitness



► Get the party started.

Not your average block party

Start the weekend off right on Thursday night with a trip to the DavidBartonGym second annual block party, where you can imbibe low-cal concoctions from Svedka Vodka and score goodies from Superdry, ZICO, Eva Scrivo, East Side Ink and more while a DJ provides tunes for the background. If you join the gym before Aug. 31, you can take advantage of its block-party membership rate. Tomorrow, 6 p.m. to 8 p.m. Visit www.davidbartongym.com for locations.

► MEREDITH ENGEL

An exclusive invitation just for you

Receive up to 10% OFF your Restylane or Perlane treatment. Call for details.

Please call 888-668-4618 to schedule an appointment

Not valid with any other offer. Offer expires Friday, September 30th, 2011. Offer valid for same day treatment.



Beyond Beautiful Aesthetics

59 East 79th Street, Suite 1AB
New York, NY 10075

www.BeyondBeautifulAesthetics.com
888-668-4618

The Restylane family of products is available only through a licensed practitioner. Complete product and safety information is available at www.RestylaneUSA.com.

Restylane and Perlane are registered trademarks of HA North American Sales AB. (All other trademarks are the property of their respective owners.) APB 10-0188 12/31/11

Restylane
Perlane

FEET HURT?

Relief for HEEL PAIN

New Treatment For Heel Pain

- Shockwave Therapy
- PRP (Platelet Rich Plasma)

As seen on the front page of The New York Times

*Accredited by the Joint Commission

Now Available...
The Most Advanced Techniques for **Bunion** and **Hammertoes Correction**

TAKE THE FOOT HEALTH CHECKUP

☐ The bottoms of my heels hurt all day, but it's worse when I step out of bed in the morning, or when I'm in a sitting position.
 ☐ I have a large bump behind my big toe (bunion) which is always red and enlarged.
 ☐ The sides of my toenails dig into the skin and hurt.
 ☐ I have corns on my toes which get thicker no matter what shoes I wear.
 ☐ My toes aren't straight—they are all bent and rotated.
 ☐ I have painful calluses on the ball of my foot which keeps building up.
 ☐ My ankles are swollen most of the time.
 ☐ I have numbness and burning in the area of my 3rd and 4th toes when wearing shoes.
 ☐ My feet just hurt all over when I stand or walk a lot.
 ☐ My toenails are streaked, discolored and thickened.

If any of these apply to you... Call today!

Dr. Paul Drucker, DPM
121 E. 60th St. Suite 3D (between Lex & Park)
Jamaica, NY
212-486-7333

Dr. Ernest Levi, DPM
162-15 Highland Avenue
Jamaica, NY
718-658-9383

Dr. Ernest Levi, DPM
Midtown - Grand Central
30 E. 40th St., Suite 401
212-685-5100

myletters&games

Letters

letters@metro.us

Justice failed women victims

The dropping of the attempted rape charges against Strauss-Khan is a tragedy to the entire justice system and sends the wrong message to rape victims everywhere. Regardless of this particular victim's past, it has nothing to do with the present and the crime that has been committed here.

JONATHAN PERRY, VIA E-MAIL

Some things never change

RE: "PLENTY TO JUDGE IN OBAMA REIGN": Ricardo

Cummings said that nothing has changed since Bush messed things up. In 2008, America, Europe and Asia were all on the verge of financial collapse. In 2009, Obama changed that! I wish Republicans would stop rewriting history.

DANIEL CANTOR, VIA E-MAIL

Airlines treat us like animals

RE: "SOME ALLOWED TO PEE IN FLIGHT": This is an embarrassment to both the airline and the passenger. This man was not a terrorist threat, he was not drunk and disorderly. The

cabin crew could have handled this situation humanely. Instead they forced the passenger to do something over which he had no control.

EDWARD JONES, MANHATTAN

Tea Party is the answer

With all the talk about how the Tea Party is our mortal enemy, I must remind the "American Idol" crowd that the reason we're so bankrupt is because it took too long to create the Tea Party. Who do you think brought us to where we are now? To paraphrase the Nazi Joseph

Goebbels: If you tell a lie big enough and keep repeating it, people will eventually come to believe it; it thus becomes vitally important for the State to use all of its powers to repress dissent. Maybe that is why the press fear Palin, Bachmann and Ron Paul to such a hysterical degree!

JOSEPH DUPONT, VIA E-MAIL

Earthquake? That's rapture

With the bad economy in addition to the blizzards, heat waves, hurricane level winds and earthquakes we've experienced recently, that guy who predicted the Rapture doesn't seem that crazy anymore! Finally I can believe my girlfriend when she tells me the Earth moved!

DAVID DIBELLO, BROOKLYN

Horoscope

Virgo Aug. 23-Sept. 22. Because you can't change a sensitive friend into someone a bit tougher, remember to be tactful when around him or her. It'll be worth not having to cope with wounded feelings.

Libra Sept. 23-Oct. 23. If you try to take all of the credit for something that you and several others played a role in accomplishing, don't expect your cohorts to have anything favorable to say about you.

Scorpio Oct. 24-Nov. 22. Remember that your friends have a right to express their own opinions, even if their ideas are contrary to yours. They can think for themselves.

Sagittarius Nov. 23-Dec. 21. Be both thoughtful and cautious in your financial dealings. Unless you take the time to think before you leap, you could make mistakes.

Capricorn Dec. 22-Jan. 19. Do your best not to get tied down working with someone who can't understand the value of teamwork. The wrong partner could gum the works.

Aquarius Jan. 20-Feb. 19. Duck! All those distasteful chores you've been shoving under the rug might get thrown at you. Organize your affairs so that you can do the most important jobs first.

Pisces Feb. 20-March 20. Avoid groups or cliques that contain certain types who think they're better than everybody else. There are plenty of people out there who'll do their best to make you smile instead.

Aries March 21-April 19. Allowing outsiders to get involved in your family affairs is asking for trouble. Restrict your communications to members of the clan only.

Taurus April 20-May 20. There is a good chance you could let go and level a few choice words on someone who has been bugging you for far too long. The relief will be welcome, but the hurt may still linger.

Gemini May 21-June 20. The best way to remain cautious with your financial affairs is not to go window-shopping. If you must head to market, stick to stores with necessities.

Cancer June 21-July 22. If you and your special someone are not satisfied with the way the relationship is going, spend some time together sorting things out. Be willing to do your share and more, if necessary.

Leo July 23-Aug. 22. If co-workers are making your day more difficult than need be, you should either speak up or be prepared to cover up their ineptness. Regardless of which you choose, be diplomatic about it.

BERNICE BEDE OSOL

SHARE YOUR VIEWS ON THE WORLD OF NEWS, LEAVE COMMENTS, RESPOND TO OPINIONS AND MUCH MORE



www.metro.us

Across

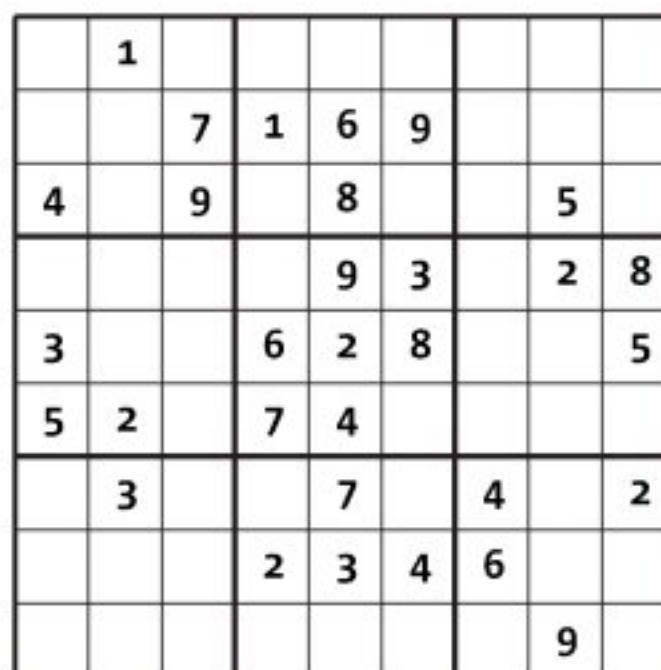
- 1 Slogan
6 Keep from falling
10 Borodin prince
14 Kayak owner, maybe
15 Price increase
16 Ali —
17 Bias
18 Give the eye
19 Sweeping story
20 Entertainment place (2 wds.)
22 Awful smell
23 "Dick"
24 Moo goo — pan
26 Waterfall
30 Energetic persons
34 Admitted (2 wds.)
35 Stalk prey
36 Pale blond
37 Yachting
38 Barely enough
40 Libretto feature
41 Caviar, actually
42 Lab compound
43 Thorny shrub
44 Brandy flavor
46 Sign
48 Easy toss
49 Kvetch
50 Watch part
53 Camper
59 — spumante
60 "Bus Stop" author
61 Bete —
62 Vegas sight
63 Kassel's river
64 Poe's middle name
65 French Legion head-gear
66 Bread grains
67 — voice

Down

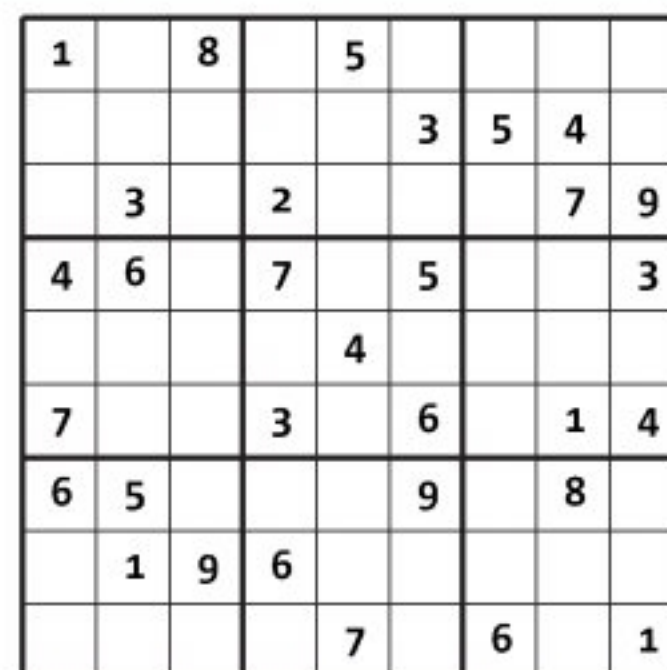
- 1 Raccoon face
2 Earthenware pot
3 Split apart
4 Albacore
5 Hassock
6 Moon, in poetry
7 Beatles' "Eleanor"
8 N. Mex. neighbor
9 Ibsen drama (2 wds.)
10 Spain and Portugal
11 Drop one's jaw
12 Stage award
13 Pool-hall frame
21 Down for the count
25 Colony member
26 Santa —, Calif.

- 27 Noted fabulist
28 Herd member
29 Spy org.
30 Demand payment from
31 Singer Callas
32 Willow tree
33 Pottery fragment
35 Sci-fi computer
38 More condescending
39 Bunkhouse item
40 Orbit path
42 Kind of system

- 43 Cereal toppers
45 Urbana eleven
46 Fire irons
47 Circuit
49 "Me and Bobby —"
50 Cool and damp
51 Psychic's intro (2 wds.)
52 Sleep like —
54 Capp of the comics
55 Wyo. neighbor
56 Laird's attire
57 Was, to Ovid
58 Nevada town



SUDOKU LEVEL: EASY



SUDOKU LEVEL: HARD

Solution to yesterday's crossword



How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

SUDOKU SOLUTIONS:
WWW.METRO.US/PUZZLES

?

To advertise — phone: 646-792-8034 email sales: advertising@metro.us

METRO NEW YORK | Editor in Chief: Tony Metcalf tony.metcalf@metro.us, @edinchiefmetro | Managing Editor: Ron Varriall ron.varriall@metro.us | Features Editor: Amber Ray amber.ray@metro.us, @amberatmetro | Sports Editor: Mark Osborne mark.osborne@metro.us | Deputy Features/Careers/Books/Travel editor: Dorothy Robinson dorothy.robinson@metro.us | Home/Style editor: Tina Chadha tina.chadha@metro.us | Film/Tech editor: Heidi Patalano heidi.patalano@metro.us

E-MAIL US: letters@metro.us

Dropping like flies



► Add Marvin Austin's name to the list of Giants players likely out for the year.

WILLIAM PERLMAN/THE STAR-LEDGER VIA US PRESSWIRE

► Add Austin, Witherspoon to list of Giants done for the year ► Coughlin: 'Have to push ourselves through'

While the greater New York City area was feeling the effects of an earthquake, inside Giants headquarters they were experiencing their own tremors.

Fresh off Monday's impressive — yet costly — win, Big Blue found out that besides starting cornerback Terrell Thomas's torn ACL, his backup, Brian Witherspoon, suffered the same injury. Thomas, who's in the final season of his contract, was put on injured reserve, while Witherspoon was placed on the waived-injured list.

If that wasn't bad enough, prized second-round pick Marvin Austin also appears to be out for

5

Number of cornerbacks the Giants currently have healthy and in camp. They've lost Thomas, Witherspoon and rookie Prince Amukamara.

the year with a torn left pectoral muscle. Sometimes players can play through the pain, but according to head coach Tom Coughlin this doesn't seem like one of those instances.

"I think this one is [a season-end]," Coughlin said during yesterday's conference call. "Sometimes it can

be nurtured back, but in his situation, where he plays and the degree of the injury [where] he had his arm out and it got caught ... he'll require surgery."

The Giants immediately filled Austin's spot with eight-year veteran Jimmy Kennedy. The former first-round pick out of Penn State worked out for the team last week, but waited until yesterday to sign. The Yonkers native, was more than happy to come home.

"We're not in a great frame of mind today. I feel badly for those guys and our team," Coughlin said.

TONY WILLIAMS
sports@metro.us

3

www.metro.us

KEEP UP WITH
METRO ONLINE
GO ONLINE
AND ADD YOUR
OPINIONS



Colon, rally not enough

The last time Bartolo Colon pitched more than 100 innings he was a Cy Young Award winner.

That was back in 2005.

Since being a 21-game winner for the Angels, he has not exceeded 100 innings and as he sits around 130 now, reality might be setting in for Colon.

In last night's 6-5 loss to the Athletics, Colon raised more concerns by allowing five runs and nine hits in 6 1/3 innings.

The Yankees rallied in the eighth and ninth innings, scoring five runs, but Nick Swisher left the bases loaded in the ninth on a fly ball to the warning track.

It was not a good night for Colon. The right-hander gave up several hard hits, including a spectacular solo home run by rookie Brandon Allen with one

out in the second.

Allen's home run came on a 3-1 fastball and landed 416 feet away in the lower rows of the upper deck.

Colon's effectiveness has been among the better stories for the Yankees this year, but last night's performance gave him a 5.20 ERA in his last nine starts and his ERA in four August starts now sits at 5.72. **LARRY FLEISHER**



► Colon

NICK LAHMAN/GETTY IMAGES

3 CLUBS
IN ONE

TOPLESS GENTLEMEN'S CLUB
BIKINI SPORTS BAR
THE SKY BOX LINGERIE LOUNGE

252 WEST 43RD STREET
BETWEEN 7TH & 8TH AVE.
212-819-9300

CHEETAHS
GENTLEMEN'S CLUB • SUSHI RESTAURANT • FINE DINING

COMPLIMENTARY
ADMISSION
ALL NIGHT

Why pay high prices for your prescription medication?

There is a better alternative.
BetterThanMedicare.com

Compare these prices!

Drug	Strength	Qty	Retail Price*	BTM Price **
Actos	30mg	90	\$778	\$119
Advair	250mg/50	3	\$660	\$132
Celebrex	200mg	90	\$422	\$85
Effexor XR	150mg	90	\$474	\$89
Lexapro	20mg	84	\$311	\$53
Lipitor	20mg	90	\$475	\$75
Namenda	10mg	100	\$366	\$75
Nasonex	50mcg	3	\$365	\$69
Nexium	40mg	84	\$525	\$89
Plavix	75mg	90	\$593	\$89
Singulair	10mg	90	\$473	\$85
Spiriva	18mcg	90	\$726	\$85
Tricor	145mg	90	\$455	\$75
Zetia	10mg	100	\$398	\$69

* Retail Price is the average price of brand name drugs from selected US pharmacies

** BTM price is the price for the equivalent generic drug.

All prices are in US dollars and have been rounded to the nearest dollar.

CALL NOW Toll-Free: 1-877-835-9508
Mention this code N8 to receive \$10 off your first order

Your medication not listed?
We stock a large selection of brand name and generic medication.



SAVE
up to
75%
on your
prescriptions

bTm

www.betterthanmedicare.com

www.metro.us

WWW.METRO.US/SPORTS
MORE YANKS COVERAGE
AND HIGHLIGHTS

MENSWEAR
PANTS - SHIRTS - BLAZERS - SHOES

BONOBOS SAMPLE SALE

45 W. 25th Street, 4th Floor
between 5th & 6th Avenue
New York, NY 10010

Wednesday, August 24, 2011
6-10 PM

Thursday, August 25, 2011
6-10 PM

Friday, August 26, 2011
4-9 PM

"We've found the holy grail of pants."
Uncrate.com



MetLife Stadium the name

The Giants and Jets are no longer playing in the New Meadowlands. At least not in name anyway.

The new stadium — opened last year and called simply New Meadowlands — officially became MetLife Stadium yesterday.

The insurance company signed a 25-year deal as sponsor, which also includes rights to the Giants' training facility and the Meadowlands Racetrack.

● METRO

Greene returns

Jets running back Shonn Greene said yesterday that his skin infection was "hyped up" by the media.

Greene missed Sunday's game, but returned to practice yesterday.

He said his foot was just a little swollen and he will play against the Giants.

● METRO

A-Rod sits out game

Alex Rodriguez sat out last night's game with a jammed left thumb. We're going to assume it was unrelated to any poker playing.

Rodriguez believes the injury occurred when fielding a groundball and tried to fielded groundballs last night before telling Joe Girardi he couldn't go. He'll be sent for a precautionary X-ray. ● METRO

Opinion

**JASON
McINTYRE**

SPORTS@METRO.US



ANGEL, CAN YOU QUIT STALLING?

We don't often get into scatological humor (Google it) in this space, mostly because many of you have just eaten breakfast and after consuming cereal or pancakes or an energy bar, who wants to talk about fecal matter?

This one's impossible to avoid. **Angel Pagan**, an outfielder on the woeful Mets, had an "incident" this week. The Phillies were pummeling the Mets (again) and Pagan was supposed to be in the on-deck circle. Instead, he was in the clubhouse. When the batter ahead of him walked, Pagan was nowhere to be found. The umpire wondered what was going on. The crowd got fussy.

Pagan finally raced to the plate and grounded out. Then, his coach pulled him from the game.

"I told the trainer, I have to go to the bathroom," Pagan told reporters. "When you're up fourth in the inning and you have to do that, it's just not fun." Pagan had a closed door meeting with manager **Terry Collins** after the game.

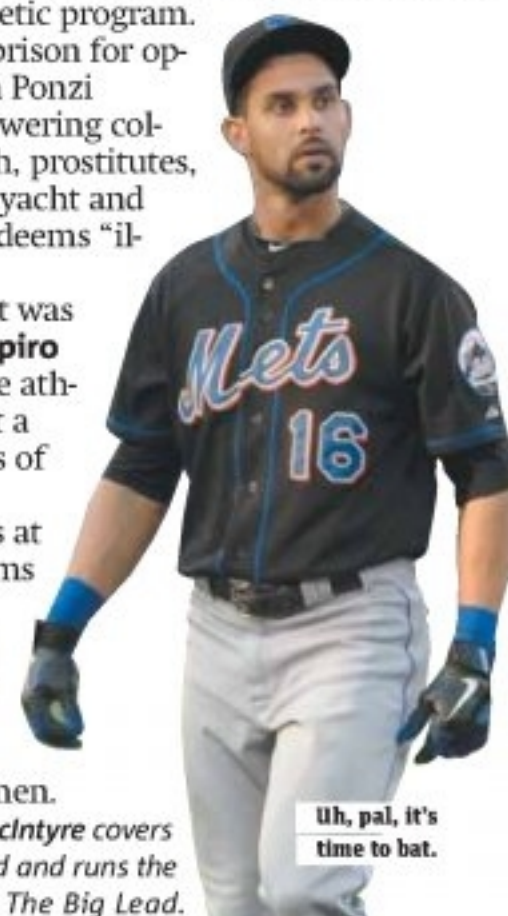
The whole debacle reminded me of the movie, "Paranthood." When you're sliding into home and your pants are full of ... well, you get the gist.

You can't do that on campus

By now you've heard about the Yahoo! Sports investigation into Miami's athletic program. A booster is going to prison for operating a \$930 million Ponzi scheme, allegedly showering college athletes with cash, prostitutes, entertainment on his yacht and other stuff the NCAA deems "illegal."

The prostitutes part was surprising. **Nevin Shapiro** claims he would invite athletes over to a party at a hotel and have dozens of hookers there. Why would football players at one of the top programs in the country need prostitutes? In South Beach? All the college athletes I've been around never had problems getting women.

— **Jason Raj McIntyre** covers athletes off the field and runs the popular blog, *The Big Lead*.



Uh, pal, it's time to bat.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Please send 300-word submissions to letters@metro.us.

DIRECTORY

Legal Services

To place an ad call
Jennifer Clark at
646-792-8042 or email
jennifer.clark@metro.us

DEBT DEFENDER
AVOID BANKRUPTCY • FIGHT BACK
SETTLE YOUR DEBT • SAVE YOUR MONEY

[CALL JEFFREY SHEPRO, PC]

212-575-2683

42 W. 38TH ST. STE. 802, NY, NY 10018

DINERMAN, BERGMAN & DINERMAN
Over 45 years of experience

ACCIDENT?

Free Consultation ALL ACCIDENT CASES HANDLED *Hablamos Español*
Car/Bus/Train • Slip/Trip and Fall • Elevator • Real Estate
(212) 267-7575 Ask for Maria 170 Broadway NYC

**VISIT
METRO
ONLINE**

www.metro.us

Don't Just Live with Debt

BANKRUPTCY

The change you need for the life you want
Small charge for big change
Clients are my priority!

Jay Simon Attorney

718.222.4619

32 Court Street, Suite 805, Bklyn

Get a New Financial Life

Health & Beauty

To place an ad call Lauren DelNegro at 646-792-8086 or email lauren.delnegro@metro.us

BACK PAIN ACUPUNCTURE

overweight stress anxiety back neck joint pain
fatigue pinched nerve poor circulation
cold-laser acupuncture massage physical therapy reiki

Accept 1199 aetna unitedhealth care
blue cross neighborhood medicare
metroplus affinity amerigroup cigna
www.HolisticElements.com

115W 30 St. #500B
(btwn 6&7 Ave)
212-764-3924

GRAND OPENING

OSAKA SPA

Asian Bodywork
Shiatsu
Deep Tissue

45E 34th St, FL2
212.682.4640

CLOUD SPA

Asian Bodywork

50 Mott St., China Town
347.302.3349

NEW MANAGEMENT

Big Apple SPA

OPEN 9AM - Midnight
Table Shower
Shiatsu - Swedish
Four Hands Massage

212.929.6575
7th Ave. (23- 24 St.)

GRAND OPENING

Pine Arbor SPA

Swedish / Shiatsu / Deep Tissue

218 West 37th St. FL2 (BTN 7-8 Ave)
212.564.2050

NANTO SPA

Special
Four Hands Massage

E 60th St. 2FI (Btwn 2nd & 3rd Ave)
212.355.5119

RAINBOW SPA

OPEN 9AM-11PM
\$10 OFF with this AD

West 45th St
(Btwn 5th & 6th Ave)
212.938.1338

GRAND OPENING

HARMONY SPA

240 West 38th St. 3rd FL
(Btwn 7 Ave - 8 Ave)
Manhattan, NY
7 days 10am-2am

646.833.7364

Ginger Spa

Body Rub
Shiatsu/Swedish

East 57th St.
Btwn Lexington & Park Ave
212.308.3015

sarang SPA

OPEN 7 DAYS
Mon-Fri: 10am-2am
Sat&Sun: 10am-10pm

Asian Bodywork
Table shower
212.255.2760
62 W. 22 St. FL2 (5th-6th Ave)

GRAND OPENING

KOREA SPA

ASIAN BODYWORK
BROOKLYN
Korean Staff

1963 86th St. FL2, Brooklyn, NY 11214
347.497.7446

OPEN 7 DAYS/10AM-2AM

Asian BODYWORK

Asian Staff

303 Grand St. FL3 in China Town
646.825.1828

GRAND OPENING

SPA LAND

O/P/E/N
10AM-1AM
\$50/HR
Asian Bodywork

41 East 41st St., Madison Ave
646.737.8934

Kobe 56 SPA

GRAND OPENING
Dry Sauna,
Steam Sauna
Bodyworks

23 West 56th St. FL2 (5-6 Ave)
212.586.0555

Skyline SPA

Body Works

234 W 56th St (fl 2)
Btwn Broadway & 8 Ave, NYC
212.265.3706

DIRECTORY

Medical Research

To place an ad call Brett Lurman at 646-792-8086 or email brett.lurman@metro.us

Research Study Opportunity for Depression

ARE YOU SAD & BLUE & LIVING WITH DEPRESSION?

If ongoing symptoms of depression
are keeping you from the activities you enjoy,
take part in this clinical research study.
Health insurance is NOT required.

COMPENSATION UP TO \$650
MAY BE AVAILABLE FOR COMPLETING 13 REQUIRED VISITS

CALL: 866-581-6536
Or visit: YourDepressionStudy.com

ACUPUNCTURE STUDY FOR IBS

Do you have Irritable Bowel Syndrome (IBS)?

You may be eligible for a research study aimed at reducing
symptoms associated with IBS using Acupuncture. Qualified
participants will receive up to \$330.

To be eligible you must:

- have diagnosis of IBS.
- be experiencing symptoms related to your IBS.
- be 18 to 70 years of age.



NEW YORK UNIVERSITY

For more information call:
NYU: Special Studies in Symptom Management
212-365-0346

**DO YOU HAVE A SHORT FUSE?
DO YOU EVER BREAK THINGS
WHEN YOU ARE MAD?
DO YOU EVER GET PHYSICAL?**

If so, you may be eligible to participate in a person-
ality study at the Mount Sinai School of Medicine.
We are interested in studying people with differ-
ent types of personalities. Participants must be
between 18-60 and medically healthy.

Reimbursement will be provided.

**For more information, please call (212) 241-9775
to speak with a member of our staff.**

GCO # 88-244 MSSM IRB approved through 8/31/12

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classifieds rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reschedule any ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

For Sale

Collectibles

US COINS WANTED
Especially interested in
Govt proof/mint sets Orig boxes
Rare coins/Estate jewelry
212-642-4324 Midtown

Miscellaneous

Buying All Diabetic Test Strips
Cash paid. Nicotine Patches/Gum.
Fast NY/NJ pickup. 646-400-5270

Extra DIABETIC TEST strips
\$\$\$ CASH PAID \$\$\$ 888-415-0796
Accu Check, One Touch Freestyle

Jobs

Art / Media / Writers

KIDS WANTED - Magazine needs kids 3 mos.
to 16 years for upcoming features
and covers. Call 212-689-2160.

Customer Service

LOBBY STAFF NEEDED
START IMMEDIATELY
NO EXP REQUIRED
UP TO \$17 PER HOUR
BENEFITS
INTERVIEWING ASAP
CALL: 212-867-9022

Attendants / Front Desk
NO EXPERIENCE
NECESSARY
UP TO \$17 PER HOUR
START IMMEDIATELY
FOR IMMEDIATE ASSISTANCE
CONTACT
MR. COLUMBO
212-867-6328

Desk Attendant
No Exp. Nec. FT/PT start
ASAP
Great Benefits.
Contact Ms. White
212 461-6843.

Miscellaneous

Airline New Hires. Major Airline or JFK,
LaGuardia, & Newark Airports New Hires.
NO EXPERIENCE NECESSARY. \$14.75
\$25/hr - benefits. Call 212-609-1772. FEE

ARE YOU A BOXING CUT MAN &
expert hand-wraper? I'm Looking
for a OLD TIMER to TEACH ME
YOUR TRADE. CALL 516-698-2948

Healthcare

CERTIFIED HOME HEALTH AIDES
Free Training Program
FT/PT, Excellent Pay/Benefits
RELIABLE COMMUNITY CARE
160 Broadway NYC * 212-587-3190

COORDINATOR
Leading Home Health Care Agency
in Forest Hills has immediate opening
for organized administrative pro
to ensure Personnel compliance and
maintain records. Prior Personnel
exp. & bilingual Spanish preferred.
Great benefits. 401k & Employee
Stock Ownership Plan. Fax resume
to 718-575-3815 or email
HR@bestcare.com

Healthcare

NURSE
RNs / LPNs / RN Supv / CNA's / PCA's
PCIT's / Psych Techs & Chart Reviewers
WHITE GLOVE PLACEMENT
Hospitals & Nursing Homes
All Boros, L.I. & Westchester
All Units & All Shifts. FT/PT
Pay the highest rates.
Instant Daily Pay/Direct Deposit
OPEN HOUSE MON-THURS
85 Barclay St Bklyn NY
Tel 718-397-8181 Fax 718-397-8369
www.whiteglovecare.com

Are You HHA?
Looking to upgrade?
Patient Care Technician
CNA (Nurse Aide)
EKG & Phlebotomy
Pharmacy Technician
Medical Billing &
Coding, CPR
ACCESS CAREERS
25 Elm Pl, Suite 201
Brooklyn, NY 11201
718-643-9060
www.AccessCareers.Edu
We Accept All Vouchers
Job Placement Assistant
Classes Starting Soon
CALL NOW, (Open 7 Days)

Security / Law Enforcement

NYC Security
Top Security Firms Now
Hiring
Customer Service Guards in
Shelters, Hotels, Hospitals,
and Corporate Office Build-
ings. No experience neces-
sary. We will train. Positions
paying up to \$22 per hour.
Call now 201-640-1544.
Feel free to email resume to
securityjobsnow101@gmail.c
om

1st Absolute Security Positions
No exp necessary. FT/PT
No uniform fee. Up to \$18/hr.
*** Call 212-670-3920 ***

1ST ACCESS COMPANY
Must able to work in Manh. FT only.
Free uniforms. \$12.50/hr.
Contact HR: 718-772-8318

1st ACCESS CONTROL GUARDS
FTE Positions. Up to \$16.50/hr.
MUST START ASAP. CALL 347-488-1605

1st ADVANCED GUARDS WANTED
For security sales in NY
Up to \$18/hr. FT/PT positions
** Open 24/7 at 347-777-5154 **

1st SECURITY
Unarmed/Armed position avail.
Immediate Hire. Up to \$18/hr.
Please call 917-600-3881 or 917-502-8822

ACCESS CONTROL AGENTS
No Exp Needed. PAY UP TO \$35/hr
NOW HIRING! • 800 • 889 • 7643

DISPATCHERS - FOR SECURITY
GUARD CO Appointments Mon-Fri.
8-4. Fax resumes 212-385-0084.
40 Exchange Pl., Suite 200, NY, NY

Now Hiring! SECURITY OFFICERS
(Exp. & Entry level) PT/FT. Inter-
views Mon-Fri., 10-3pm. IPSA, New
Yorker Hotel, Ste 150, 34th & 8th Av.

***** SECURITY *****
Earn up to \$200/wk. 18 & over.
No exp. nec. Call H.R. 347-994-6673

Sales / Marketing

Awaken The Entrepreneur
within You Join me in "The
Drawing Room." Created by
Michael E. Gerber. 24 HR
Rec. Msg. Info 888-613-5454

Greatest Biz Opp EVER
Recession Proof Income.
Will Train. 24 HR Rec. Msg.
646-200-5993

Transportation / Travel

*** DRIVER * BROOKLYN BUS CO.**
"CP-BP" Inc. & BPS on-sight req'd.
Will sponsor for B.O.E.D. cert. Apply:
1 Coffey St., Brooklyn, NY 718-852-0286

OWNER OPERATOR
2 1/2 ft truck needed. w/ lift gate.
All boros. Apply @ 5 N. 11th St. Bklyn
9am-12pm M-F

Work From Home

WORK FROM HOME BBB
Approved Company
FT/PT - No Exp. Nec.
Call: 877-276-4018

General Help Wanted

Desk Work/Call New FT/PT
avail. No exp. nec. Start
immed. All shifts w/ benefits.
Great pay \$17 per hour. Con-
tact now Mrs Vasquez. 212-867-
-6070

AA Appointment Sellers needed
Busi Office. Immed. Hire. No exp.
Will Train. Nr Subway. 8800 Willy
Comm - Call for apt 718-322-6101

AA ASSIST OFFICE HELP
PT/FT NEW Office. Hire Immed. No
Exp. Nr Sub. 5730 Willy Comm - Call
718-830-7110

APPOINTMENT SETTERS- FT/PT
Busi Office. Hire Immed/Will Train
Nr Sub. EARN \$650 WKLY COM-
Call 718-324-9792

Auto * Comm'l Vehicle Truck Manager
Salary, Commission & Bonus
Call JED 516-455-2403

AUTO MECHANIC FT
Insp. Lic. & Complete Tool Box req'd
TRANSMISSION REBUILDER
Must have exp. Call 917-833-3119

**** AUTO MECHANIC *** Must have
Driv & NYS Inspectors Lic. 5 yrs
exp. Own Tools. Bklyn & Qns loc.
Call Jimmy: 718-377-7386

AUTO REPAIR SHOP ASST MGR
Valley Stream location.
Call 516-872-8330

BOOKKEEPER - Dutchess County
Exp. for oil heating business. A/P
A/R. Quickbooks & computer literate
nec. Must speak English. 8-5/65-8507
or 718-501-4364. alman120@aol.com

CONSTRUCTION - Concrete Super
for midrise in Manhattan. 10 yrs exp.
In NYC & must be a licensed con-
crete safety manager. Email resume
to: amasterzoo@aol.com
or Fax to: 718-422-9980

CUSTOMER SERVICE FT-PT
* NEW Office. Hire Immed.
No Exp. Nr Sub. 5730 Willy Comm -
Call 718-324-9792

CUSTOMER SERVICE REPRESENTATIVE
for our company, no
experience required. We offer the
successful candidate the opportunity
to work for our company.
Email jones384@live.com

DIESEL & GASOLINE MECHANICS
School Bus Co. Full & Part time.
Union Shop Apply in person:
1 Coffey St. Bklyn, NY 718-852-0286

HVAC Sheet Metal Mechanic &
HVAC Sheet Metal Apprentice.
Must have exp. Call 718-922-5800
Brifs avail. Fax resume: 718-922-5712

Managers, Dispatchers, and
Customer Service Representatives
in our Brooklyn, Queens, and Bronx
School Bus Terminals. Transpor-
tation exp. a plus. Please fax resumes
to Mr. Jose Morales at 718-206-3876 or
email him at: jmorales@bets.net

NOW HIRING ALL 5 BOROS
Work now in Airports, Housecleaning,
HHA, Security & Drivers needed. No
felicities. No exp! 24 hrs 212-603-9282

OUTDOOR SKEEPERS & CLEANERS
Outdoor locations only. Must have drivers
license, own car, re's. Lower fees-
cheaper location. Call 914-804-6070

General Help Wanted

Sewer and Drain Cleaner Wanted.
Looking for an ambitious person. FT
5 yrs exp to do commercial and resi-
dential Sewer work. Clean DL Health
& 401K offered. Fax 718-784-8223

RESEARCH VOLUNTEERS
Cigarette smokers (men and women
aged 21-35 yrs) needed for a 3-week
inpatient study of medication effects
at the NY State Psychiatric Institute.
Earn up to \$2000. Call the Substance
Use Research Center at 212-512-5701.

Restaurant EOE

LINE COOKS
Levy Restaurants of the USA Billie
Jean King National Tennis Center in
Flushing is seeking exp'd, energetic
Cooks to join our seasonal team dur-
ing the US Open- 9/22/11. 2- yrs
restaurant exp. req'd. Apply online @
http://levyrestaurants.
teamworkonline.com

SALESPERSON
HARDWARE / LUMBER
Inside Sales for Hardware / Lumber-
yard in LIC. Qns. Call 718-204-7000 or
fax resumes to: 718-956-0224

TELEMARKETING FT/EXP ONLY
WEEKEND IN PARIS!!
What does that have to do with this
ad. Nothing but if you can sell
& want to make \$8512/hr.
Call David 212-369-7300

IMMEDIATE
ATTENDANTS/ FRONT
DESK/CLERKS
No exp. Nec
Full and Part Time
UP TO \$17 PER HOUR
All 5 Boros
MUST BE ABLE TO
START IMMEDIATELY
Taking calls till 9pm
Open Saturdays for
Interviews
For Immediate inter-
view contact
Mr. Columbo at
(212) 867-6380 or email
newyorkjobs22@gmail.com

Training

10 A at Blue Steel Security Same Day
Cert! Walkin. Job Placm't the/Whr/
Anti-Loss Pres/CPR/PG/Anti terrorism/
Metal Det/Str-Armed Gun Lic. Srvc-
307 Bridge St. Call 347-463-9015

CARE FOR THE ELDERLY
SCHOOL LICENSED BY NYS ED
718-843-8849
HOME HEALTH AIDE TRAINING
NURSES AIDE TRAINING

CARE FOR THE ELDERLY
HHA Trainings. Nurse's Aid Trainings.
NYS Ed approved. 718-322-7519
Job Placement / Top Pay

*** HOME HEALTH AIDE TRAINING ***
Programs approved by
NYS Dept of Ed. Call 718-323-3050

Real Estate/Rent

Apartment

Manhattan Furnished Rooms
Available

Utilities Included
Some Day Move In
No Credit Check
125 per week
Call 212 862 0457

FORDHAM & TREMONT AREA.
Newly Renovated 1 Bdrm Apt-
\$1000/mo. New Appliances, Section 8
OK. For more info call Roberto:
347-820-5108 or Boko: 646-548-6130.

Guthrie/White Plains Rd Vic.
1 BR, fully furn. Close to everything.
Immed. Move in Condition \$1,000/mo.
Call Owner 914-989-3803

Apartments

MORRIS PARK VICINITY
Studio Apt. Gas & Electric Included.
\$850/month. Call Owner 646-265-6283

NORTH EAST BX 220 STREET
Large 3 Br apt. 1st flr. \$1430/mo
Utl's not incl. 1 mo sec. Refs ok.
Credit ok. Owner 914-619-3156

Pelham Parkway: Modern 1 Br Apt.
credit & refs chkd Avail. Immed.
Nice area. Nr transp & shops.
Owner Mr. Bailey 1-800-548-0678

WAKEFIELD 469 Whiteplains Rd
Nr 23rd St. Bout 2 Bdrm Apt. Elev
Bldg. Nr Shops/Transp. Gas Incl.
\$1400/mo No Fee. Owner 718-688-0205

WAKEFIELD 469 Whiteplains Rd
Nr 23rd St. Bout 1 Bdrm Apt. Elev
Bldg. Nr Shops/Transp. Gas Incl.
\$1175/mo. No Fee. Owner 718-688-0205

WAKEFIELD 469 Whiteplains Rd
Nr 23rd St. Bout Studio Apt. Elev
Bldg. Nr Shops/Transp. Gas Incl.
\$950/mo. No Fee. Owner 718-688-0205

**** BED STUY & CROWN HTS ****
Sec 8/HASA/FEPS - \$14, 1, 2 & 3 BR
Other Areas & Cash Apts - \$800 & up
P. JENKINS R.E. 718-789-5294

Canarsie/Crown Hts/Georgetown
* 1 Br \$1000 & up * 2 Br. 1r. \$2 \$1400
& up * 3 Br. 1.5 Ba. 1r. 1dr. c/c \$1600
& up. Crd/Refs ok. Bkr 718-471-1386

*** CANARSIE * SHEEPSHEAD BAY ***
* 2 BR Apt. \$1300/mo
* 3 BR Apt. Newly Renov. \$1800/mo.
JOHNSON REALTY 718-209-7026

CROWN HTS * Ulica Ave Vic * 2 BR.
3rd flr in 3 Fam. 1 blk to 34 Stwy.
H/W Incl. Crd/Refs ok. 1 mo rent
- 1 mo sec. \$1400 Owner 718-467-0822

EAST FLATBUSH - 1 BR. \$950/mo. Nr
trans & shops. Owner 646-350-7417

East Flatbush ♦ Unfurnished Apt Avail ♦
Call owner 718-462-1777 Bet. 7pm-9pm

East New York - Beautiful 2 BR.
1 Full Bth. EIK. L.R. Near trans.
shops & school. \$1325/mo. 1 mo. Rent
- 1 mo. Sec. Owner 646-238-8551

SOUTH OZONE PARK * 1 Br apt for
rent. Utl incl. Everything brand
new. \$800 firm. 1 mo rent. 1 mo sec-
rity. Owner 917-600-7132/917-316-8257

SPRINGFIELD GARDENS - INXED
OCCUPANCY! 2 BR. \$1,300/mo.
Near transp, laundry & supermarket.
Good cond. Owner 917-736-3881

WOODHAVEN * 2 Bdrm Apt
w/LR, DR & EIK on 2nd Flr. Nr J
Train. Credit/Refs Ok. \$1450/mo.
Call Owner 718-930-4873

BRONX
1 BEDROOM APTS, Starting at \$925
Transp. nearby.
Call 212-752-2670
After 5pm & Sat, Call 347-346-8661.

QUEENS
STUDIO and
1 BEDROOM APTS.
Near Transportation
Call 212-752-2670
from 9am-5pm.

Condos

*** PELHAM PKWY 2 BR CO-OP ***
Full Bth. EIK. 5 Closets. Over 1,000sf.
Reduced To \$169k. 1 Mo HOA Fee.
** Owner 347-328-3275 **

Miscellaneous

***** ALLERTON *****
\$150/week, 1 week - 2 weeks sec.
Near transportation. Non-smoker
preferred. Owner 917-855-6398

Fordham Vicinity * Bainbridge Ave.
Large room. Share Kitchen & Bath.
Near everything. Avail Now. 1 yk ren.
2 wk sec. \$165/wk. Owner 718-515-9426

St Albans Furnished Room
For Rent Close to shops & transp.
call Owner 718-749-3421 until 9PM

Rooms

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person \$125/wk/up
room rentals 212-677-3962

MANHATTAN
BRONX
FURNISHED ROOMS FOR
RENT! CABLE/INTERNET
READY! MOVE IN
TODAY! ALL UTILITIES
INC. STARTING JUST \$125/
WK! CALL US TODAY!
(212) 368-1132

Real Estate/Sale

PUBLISHERS NOTE
All real estate advertising
herein is subject to the
Federal Fair Housing Act of
1968 and state and local fair
housing laws. The Fair Ho-
using Act makes it illegal
to advertise any preference,
limitations or discrimination
on the basis of race, color,
religion, sex, handicap,
familial status, or national
origin or an intention to
make any such preference,
limitation or discrimination.
State or local laws may
make unlawful advertising
that discriminates on the
basis of age, marital status,
or sexual orientation. Metro
US will not knowingly
accept any advertising for
real estate which violates
the law. The law requires
that all dwellings advertised
are available on an equal
opportunity basis. If you
have any questions
regarding housing
discrimination, call the Long
Island Housing Services at
(1800) 660-6920 in Long
Island or the
Anti-Discrimination Center
at (212) 346-7600 in New
York City. To file a complaint
call HUD toll-free at (800)
669-9777 or the New York
City Commission on Human
Rights at (212) 306-7500

NOTICE IS HEREBY GIVEN
that a license, number 1256199
for Wine & Beer has been applied
for by the undersigned to sell
Wine & Beer at retail under the
Alcoholic Beverage Control Law at
3183 Broadway, Store 6, NY, NY,
10027. New York County, for on-
premise consumption. Jin Ramen
Corporation.

NOTICE OF FORMATION
of Moodish Enterprises,
LLC.Arts of Org. filed
with Secy of State of NY
(SSNY) on 07/19/2011.
Office in NEW YORK
County. SSNY designated
as agent of LLC upon
whom process against it
may be served. SSNY
shall mail process to:
299 W. 12th Street,
Ste. 7L, NY, NY 10014.
Purpose: any lawful
activity.

Legal Notices

man to man chat
18+
FREE TRIAL
646.201.5126
More local #s: 1.800.777.8000

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

20. levallife
VOICE
FREE TRIAL
18+ *Restrictions may apply
Call NOW!
212-949-4500

Homes

111th Ave/CAMBRIA HTS
1 Fam. Det. 4 Bdrm. 3 Bths. 1 Car
Garage. \$149K. No Closing Costs.
Call Owner 347-889-4852

Jamaica * Open House Sunday 12-4
1 Fam. 3 Brs. 2 Bths. Fin Bmnt. Pvt
Drivwy. Gar. Lg Backyard. \$1300
Downpayment. Owner 713-971-4999

metroclassifieds

in print & online

TO PLACE AN AD: ☎ 866-900-9473 🌐 CLASSIFIEDS.METRO.US ✉ NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED
AD DEADLINE: 6PM TWO
(2) BUSINESS DAYS BEFORE PUBLICATION



NO HIGH SCHOOL DIPLOMA - TCI CAN HELP!

TCI has found that many mature students who do not have a high school diploma or GED, but have life experience and are dedicated to attending classes regularly, can succeed in earning a high school equivalency from New York State at the same time they earn their Associate's Degree.

Students receive access to laptop computers to enhance their learning experience.
Financial aid to those who qualify.

Call Today
888-241-2243
or visit www.tccollege.edu

New sites in Brooklyn and Manhattan (Harlem)



Technical Career Institutes
320 West 31st Street,
New York, NY 10001
(8th Ave and 31st Street)

Hurry
Class begins
September 8!

**reserve
your space**

DEADLINE:
two (2) business
days prior to
publication at noon.

metroclassifieds
866-900-9473

You still have 15 DAYS LEFT to enroll in College for this Fall.

Don't miss out on this opportunity to change your life! TCI offers 21 degrees and 3 certificate programs, many of which do not require a high school diploma.

The College will offer access to laptop computers to enhance your learning experience.

It is possible to take advantage of TCI's dual program which allows you to receive your High School Equivalency and your Associate's Degree at the same time.

Call **888-235-1719**



TCI...College of Technology
320 W. 31st Street • New York, NY 10001 (8th Ave. and 31st Street)
View what Robert F. Kennedy, Jr. has to say about TCI College.
Go to tccollege.edu

*Must Meet Federal Ability to Benefit Requirements.

26,546 Reasons to Consider TCI...The College of Technology

- 21,243 Books in TCI's Library
- 3,977 Students from 52 different countries
- 603 Students transfer to TCI each year
- 247 Highly qualified faculty/instructors
- 101 Years training students in NYC
- 47 Hands-on labs
- 29 Clubs
- 28 Average age of TCI students
- 21 Average Class size
- 21 Degrees offered*
- 11 Years that Community College Week has ranked TCI as one of the top 2 year colleges in America
- 6 Convenient locations - (5 in Manhattan & 1 Site location in Downtown Brooklyn)
- 4 Divisions of study: Business and New Media, Engineering and Information Technologies, Facilities Technologies & Health Sciences.
- 4 Accreditations (New York State/Middle States**/TAC of ABET & Commission on Occupational Accreditation)
- 3 Certificate programs
- 1 You are always #1 at TCI...

View what Robert F. Kennedy, Jr. has to say about TCI College. Go to www.tccollege.edu

CALL US NOW
888-380-6466
to visit with an admissions counselor. Financial Aid available to those who qualify.
The College is located directly across from Madison Square Garden and Penn Station.
320 West 31st Street • New York, NY 10001 • (8th Ave and 31st Street)
*Earn your High School equivalency diploma at the same time you receive your College degree.
**Middle States Commission on Higher Education 3624 Market Street Philadelphia, PA 19104, 267-281-1800

A Career with a Great Future...
It's Time.
Court Reporter Day & Evening
Paralegal Classes, Financial Aid
Medical Admin. qualified, Degree & Certificate Programs

Registration for next term begins soon!

NEW YORK CAREER INSTITUTE
888-275-2816 Founded 1941
For more information about our graduation rates, the median debt of students who completed the program and other important information, please visit our website at www.nyci.edu • 11 Park Place, NYC (across from City Hall)

NEW PROGRAM
Office Administrative And Support Services
Get the education you need to manage the Staff & Office of tomorrow.
Students receive access to laptop computers to enhance their learning experience.
Financial aid to those who qualify.

Call Today
888-878-1792
or visit tccollege.edu

New Sites in Brooklyn & Manhattan (Harlem)
TCI... College of Technology
320 West 31st Street, New York, NY 10001
(8th Ave and 31st Street)

Job Training!
Learn the skills you need that can help you get the job you want.
Ask us about Financial Aid, available for those who qualify.
Medical Assistant
Business Administration - And more!
Your new life awaits! Call right away!
888-728-9333
SBI Campus - an affiliate of Sanford-Brown
Melville, NY
sanfordbrown.edu

CALL NOW
to begin training as a **Medical Assistant**.
What's holding you back?
A simple phone call could change your life.
888-728-9333
Sanford-Brown Institute
Melville, NY
sanfordbrown.edu

NEW PROGRAM
Civil & Environmental Technologies
Train to be a technician of the future.
Students receive access to laptop computers to enhance their learning experience.
Financial aid to those who qualify.

Call Today
888-801-1168
or visit www.tccollege.edu

New Sites in Brooklyn & Manhattan (Harlem)
Technical Career Institutes
320 West 31st Street, New York, NY 10001
(8th Ave and 31st Street)

TCI is now enrolling in the fields of

- Automotive Service Technician
- Bookkeeper
- Building Maintenance Mechanic
- Paralegal
- Computer Network Support Specialist
- Computer Systems Administrator

CALL NOW
888-832-5306

New Sites in Brooklyn & Manhattan (Harlem)
Technical Career Institutes
320 West 31st Street, New York, NY 10001
(8th Ave and 31st Street)
www.tccollege.edu

Why are 1 of 4 new TCI students **College Transfers!**
50% of all classrooms are labs.
TCI blends theory with practical hands on instruction.
The College will offer access to laptop computers to enhance your learning experience.
Financial Aid to those who qualify.
Classes Begin **Thursday, September 8, 2011**

VA APPROVED

New sites in Brooklyn and Manhattan (Harlem)
888-701-0937
View what Robert F. Kennedy, Jr. has to say about TCI College
Call Today or visit
www.tccollege.edu
TCI...The College of Technology
320 West 31st Street,
New York, NY 10001
(8th Ave and 31st Street)

YOUR PHOTO HERE

PICTURE YOURSELF AS AN ALLIED HEALTH PROFESSIONAL
Earn your associates degree, not just a certificate
BECOME A MEDICAL ASSISTANT, SURGICAL TECHNOLOGIST, DENTAL ASSISTANT OR HEALTH CARE ADMINISTRATOR. START NOW!

CALL 855-MANDL-04 (855.626.3504)

- FLEXIBLE SCHEDULES
- FINANCIAL AID*
- HS GRADS AND GED WELCOME

*Financial Aid available if qualifications are met

254 West 54th Street
WWW.MANDL.EDU

NEW PROGRAM
Robotics & Automation
Get the education you need to build and maintain the technology of tomorrow.
Students receive access to laptop computers to enhance their learning experience.
Financial aid to those who qualify.

Call Today
888-821-4967
or visit www.tccollege.edu

New Sites in Brooklyn & Manhattan (Harlem)
Technical Career Institutes
320 West 31st Street, New York, NY 10001
(8th Ave and 31st Street)

ASA COLLEGE
BECOME OUR NEXT SUCCESS STORY

Medical Assisting
Pharmacy Technology
Criminal Justice
Business Administration - Accounting
Network Administration & Security and more...

877-380-5638
WWW.ASA.EDU

For required program disclosure information, please visit our website at www.asa.edu/disclosure.asp

ACE COMPUTER TRAINING CENTER
NEW CAREER OPPORTUNITIES

- PC Technician [A+ cert.] \$500
- Computer Networking [MCITP/MCTS cert.]
- CISCO Admin [CCNA/CCNP cert.]
- EKG Technician \$325
- Phlebotomy Tech. \$325
- Medical Billing
- Medical Assistant

Quick Books **Web & Graphic Design**

www.acecareer.edu
Manhattan **212 695 9700** CLASSES **CALL**
Queens **718 575 3223** STARTING **NOW**

metroclassifieds
to place an ad call
866-900-9473
or visit us at
www.metro.us



Market watch

**CHEAPEST
\$69K**

1775 Madison Ave.
The cheapest unit listed this week is a studio at 1775 Madison Ave. This income-restricted co-op off 116th St. is listed by Custom Brokers for \$69,000.

**PRICIEST
\$12.5M**

12 W. 83rd St.
The most expensive property this week is a five-bedroom townhouse at 12 W. 83rd St. A renovated townhouse, just off Central Park, it features two entrances and a state-of-the-art kitchen. It's listed by Brown Harris Stevens for \$12.5M.

STREET EASY

StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.

AT HOME WITH metro



INDIGO 141
The jewel of East Orange



Best in show

► We scour the aisles of the 2011 New York International Gift Fair ► Trends to look out for when decorating your home



DRAW THE LINE



Twice a year, Javits Center in New York is packed with the latest and greatest in lamps, rugs, salad bowls and more as The New York International Gift Fair rolls into town. The show — one of the largest of its kind with 2,800 exhibitors from around the world — features the best in home decor. We take a look at the latest trends being offered up this season.

1: Letters and numbers
Letters and numbers showed up everywhere — from traditional to modern items — and that's where what buyers flocked to. We spotted examples on French linen pillows, tote bags and hand-blocked artwork. Primitives by Kathy pillow, \$17, and box sign, \$27, www.primitivesbykathy.com

2: Hicks 1960s
Geometric patterns and herringbone, inspired by '60s design king David Hicks, seemed to be enjoying a revival. Bright colors helped update the famous prints on wallpaper, rugs, pillows and furnishings. Jonathan Adler orange herringbone rug, \$1,550, Bargello Waves pillow, \$130, www.jonathanadler.com

3: Making big weaves
Old-time craft makes a comeback as several designers constructed items using weave techniques in materials such as wicker, knit and even rubber. Crocheted Rubber Baskets, \$33-\$205, www.dwr.com

KARL LOHNES
letters@metro.us

Affordable finds:

4: Umbra's Little Black Dress closet organizer: This tongue-in-cheek gadget, which can be hung over a door, keeps your jewelry and hairpins in order. \$25, www.containerstore.com

5: Make My Day ChillBall
No more sipping warm glasses of pinot grigio on picnics. This little ball keeps your glass cool without diluting your drink. Travel tray, six chill balls and tongs, \$20, www.amazon.com

6: Kinto Steampot Cocoon
Cook with steam instead of oil for healthy, delicious meals. And the handsome lid can be used as a serving bowl. \$50, www.amazon.com

Smart Move!

MODERN, URBAN LIFE STYLE
RESIDENCES FROM \$1100



Lofts, Penthouses,
1 & 2 Bedrooms.

- Hardwood Flooring
- Quartz Countertops
- Stainless Steel Appliances
- Washer & Dryer in Apt
- Resident Gym
- Resident Game Room
- Free Parking
- NYC Views
- 20min Ride Midtown Direct
- Gated Access/ 24-hr Guard

Call for your Appt

908-938-7920

973-624-1214

www.indigo141.com



INDIGO 141
The jewel of East Orange

NOW RENTING

Studio, 1 and 2 Bedroom Apartments

Open House Monday through Saturday 10am-2pm

330 Riverdale Avenue, Yonkers, NY



RENTS \$896-\$1381*

BUILDING AMENITIES:

GOURMET KITCHENS WITH STAINLESS STEEL APPLIANCES

TWO LANDSCAPED TERRACES • MODERN FITNESS CENTER

ON-SITE LAUNDRY FACILITIES • BIKE AND PRIVATE STORAGE

PET FRIENDLY • WOOD FLOORS • ONSITE PARKING

DOWNLOAD AN APPLICATION

WWW.330RIVERDALE.COM

OR CALL 914-964-3012



*Must meet income guidelines

NO BROKERS FEE



RENT WARS

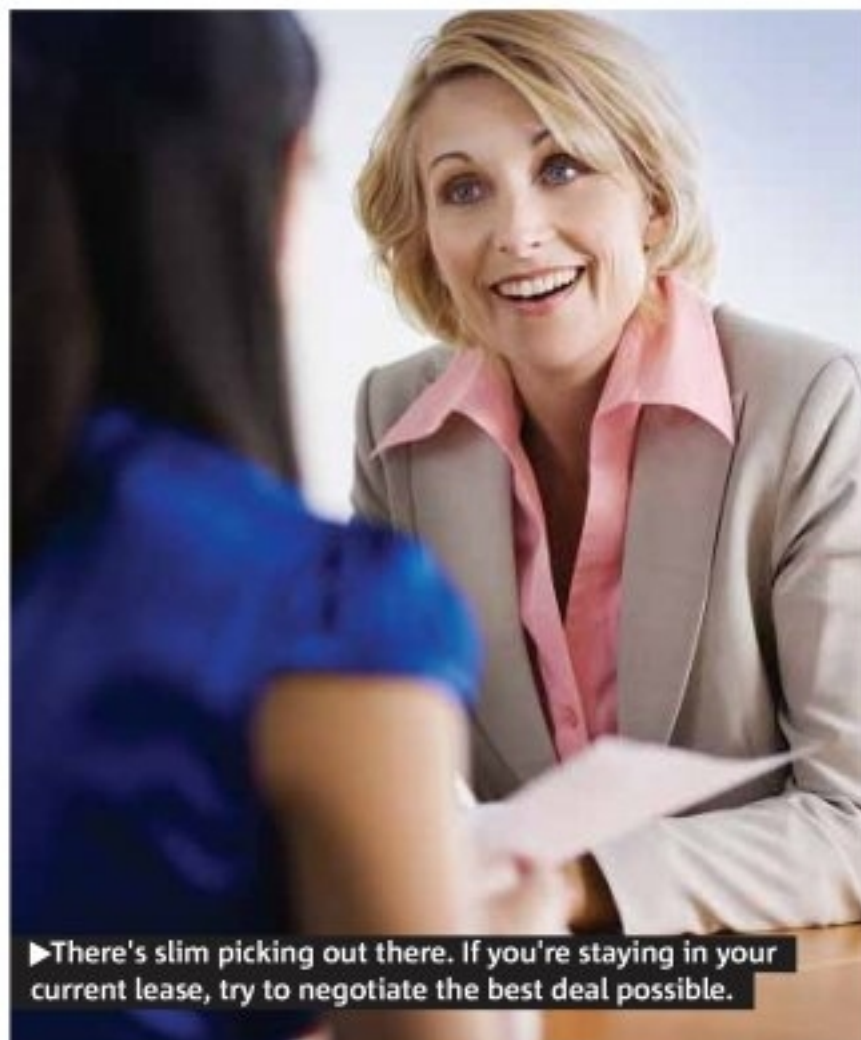
Time to renew your lease? We've got the ammo you need to negotiate with your landlord

So far, 2011 hasn't exactly been kind to New York renters. Though the overall real estate market has started to recover, people are still shying away from buying a home and instead choosing to stay in their less risky rentals. As a result, the rental inventory is low, and prices have skyrocketed. Since landlords don't really offer free months anymore and no-fee apartments are rare, it's a terrible time to move — and a great time to stay in your current deal. Here are some expert tips to follow when negotiating your lease with your landlord.

JARED KLEINSTEIN
letters@metro.us

Do your homework

Before you begin discussions with your landlord, do as much research as possible to see what a fair price is for your apartment. "In order to get the most leverage in your negotiation, make sure to come prepared with a list of comparable units that have rented in your buildings or similar ones in the past 30 days," advises Jeff Schleider, the owner of Miron Properties. "A few minutes of research on [websites such as] Streeteasy.com should give you more than enough data."



There's slim picking out there. If you're staying in your current lease, try to negotiate the best deal possible.

Have a bargaining chip

"It always helps to go in with a bargaining chip, a concession you're willing to make," suggests Karen Maio, the founder of Nestio.com, an online tool for organizing your

apartment hunt. "For instance, maybe you're willing to re-sign a lease far in advance or commit to an additional year upfront. If you can give a bit on the terms of your lease, you'll be in a much stronger position to negotiate on price."

Be your own publicist

The greatest asset you provide to your landlord is your position as a tenant in good standing. And remember: Keeping you around means they don't need to find a new — and equally responsible — tenant. So make sure to remind them how you "pay your rent in time, and aren't a nuisance," advises Steve Maschi, vice president of leasing at Glenwood Management.

Be prepared to pay up

Sometimes you just can't bring your rent down past a certain point. "Everyone thinks they're paying too high on rent. You need to have perspective going into negotiating," says Maschi. If you can't stretch your budget to the terms on the table, make sure you've given yourself enough time to start searching for your next place.



No-Fee Rentals. Newly Renovated.

1 BRS FROM \$1,400/MONTH | 2 BRS FROM \$1,650/MONTH

- Spacious Layouts
- Stainless Steel Appliances
- Private, Gated Community
- Elevator Buildings
- Landscaped Courtyard with Basketball Court, Children's Play Area and Seating Areas
- Immediate Occupancy

Call (866) 870-8102 for an appointment

What is this? Scan this QR Code with your Smartphone QR Reader and immediately view all available apartments at Riverton Square. Don't have a QR Code Reader? Visit qread.mobi on your phone to download one now.



LEASING OFFICE 2156 Madison Ave
www.riverton-square.com

EXCLUSIVE MARKETING & LEASING AGENT
Rose Associates, Inc.

ROCHDALE VILLAGE

THE MOST AFFORDABLE MITCHELL-LAMA HOUSING COOPERATIVE IN NYC
THE LOWEST MONTHLY CARRYING CHARGES

FEATURING: PARK-LIKE SETTING • 2 SHOPPING MALLS & 2 SUPERMARKETS • COMMUNITY CENTER
POST OFFICE & LIBRARY • WALK TO LIRR • NEAR JFK AIRPORT, HIGHWAYS, BEACHES & SHOPPING

Purchase Prices, Income Limits, Occupancy Requirements & Monthly Carrying Charges are as Follows:

Apt Size	Household Composition (persons)	Number Rooms	Approximate Monthly Carrying Charges	Equity	Maximum Household Income Range	
					1-3 Persons	4+ More Persons
1 BR	1-2	3 (No Dining)	\$630.06 - \$713.87	\$7,200	\$44,814 - \$65,506	N/A
1 BR	1-2	3.5 (w/ Dining)	\$701.36 - \$930.44	\$8,400	\$55,559 - \$84,623	N/A
1 BR	1-2	4 (w/ Terrace)	\$827.45 - \$1,030.78	\$9,600	\$58,968 - \$93,975	N/A
2 BR	2-4	4.5 (No Terrace)	\$946.61 - \$1,073.00	\$10,800	\$67,319 - \$96,180***	\$76,936 - \$109,920***
2 BR	2-4	5 (w/ Terrace)	\$875.48 - \$1,129.18	\$12,000	\$67,998 - \$104,090***	\$77,712 - \$118,960***

**Preference is given to all veterans, or their surviving spouses, who served on active duty in time of war as defined in Section 85 of the Civil Service Law, and reside in New York State.

*** Based on the total household income for the prior calendar year, less \$1,000 for each personal and dependent exemption, and less \$20,000 (or actual earnings if less) for each secondary wage earner. Households of three persons or more whose income does not exceed 125% of the maximum income listed shall also be eligible for admission and shall pay a carrying charge surcharge. Household income must be within the allowable income limit at time of application and at time of apartment availability.

TO OBTAIN AN APPLICATION IN PERSON, please visit: Rochdale Village Management Office
169-65 137th Avenue, Jamaica, New York 11434
Monday through Friday, 9:00 a.m. to 4:00 p.m. (718) 276-5700

TO REQUEST AN APPLICATION BY MAIL, please send a self-addressed envelope with 84 cents postage to:
Rochdale Village, Inc. • Applications Department • P.O. Box 218, Jamaica, New York 11434



TO DOWNLOAD AN APPLICATION, please visit www.rochdalevillage.com, click on the "Apartment Sales" link on the left menu bar.



The bachelorette pad

► Rent.com surveyed 1,000 single women to find out what they're looking for in a home ► Not surprising: Safety outweighs closet space

Top five

Rent.com's cities preferred by bachelorettes.

1. Phoenix, Ariz.
2. Seattle, Wash.
3. Austin, Texas
4. Denver, Colo.
5. Washington, D.C.

www.metro.us

READ THE TOP 10 ONLINE

FOR THE REST OF THE LIST AND WHY THESE CITIES ARE GREAT FOR SINGLES HEAD TO WWW.METRO.US/HOME

Christina Aragon, director of Strategy and Consumer Insights at Rent.com,

breaks down the Mars versus Venus of the home market.

1. What are single ladies looking for when they rent or buy a home?

According to our data, 72 percent of single women cited a safe neighborhood as their must-have feature, while 13 percent of single women told us their No. 1 requirement was enough closet and storage space. Another 8 percent wanted a spacious kitchen above all else.

2. Are single ladies more likely to buy or rent? Why?

According to our survey, 36 percent of single women rent their current homes, while 54 percent are homeowners and another 10 percent live with friends or family for free. The likelihood of a single woman being a homeowner versus a renter can be most highly correlated to age; the older the woman, the more likely she is to own the home.

3. What's the biggest difference between what a single man is looking for in a home versus a single woman?

We found it interesting that while 42 percent of single men wanted to have eligible bachelorettes as neighbors, only 14 percent of single females felt the same way toward their male counterparts. In terms of neighbor preferences, our survey found that single females preferred to have families



► Single women don't really want to live next to single dudes.

with children (30 percent) or married couples without children (25 percent) close by. Furthermore, single women shared that they

would even prefer to have people with pets as neighbors (24 percent), instead of having single men next door. **METRO**



Immediate Occupancy Ocean Front Community

Starting at \$302,600! Hurry! Only 5 units remaining!

- \$5,000 Credit Towards Closing Costs
- Only 3% Down Payment
- Low Common Charges
- Low Monthly Payment

Stainless Steel Appliances • Washer/Dryer • 20 Year Tax Abatement

Waters Edge
at Arverne Condominium

190 Beach 62nd St., Arverne, NY 11692
718-474-0377 • www.watersedgecondos.net

Open House Sat & Sun 11am-4pm • Open 7 days a week

The complete forms are available in the Offering Plan from the Sponsor, C007-0225, Sponsor: Arverne/Briarwood II, L.L.C. 36-35 Bell Boulevard, Bayside, New York 11361. Selling Agent: Briarwood Properties, Inc. All purchasers must have good credit history. Owner occupancy is required for Purchasers. Prospective applicants who currently own or have, within the last 5 years prior to the date of their application for these apartments, purchased a government subsidized home will be ineligible to purchase a home. 20 year tax abatement from abatement commencement. For the first 10 years from abatement commencement taxes are payable only on land. Your home is 100% exempt. Appliance package, 3% down (assumes purchaser qualifies for Sonoma loan), closing cost credit, all offers, prices, maintenance, income & asset limits, are subject to change. Contracts are subject to approval by the New York City Department of Housing Preservation & Development and NYC Housing Partnership.



NO BROKER FEE • IMMEDIATE OCCUPANCY
THE BEST RENTAL VALUE IN NEW YORK CITY

PARKCHESTER

HALF
MONTH
RENT

FREE

IF YOU
SIGN BY
AUG 31

ON 1 BEDROOM APTS AS LOW AS **\$950** PER MO

2 BEDROOM APTS AS LOW AS **\$1300** PER MO

These are large apts with unbelievable features and amenities. FiOS and high speed internet connections are available. New York City living in park like community 30 minutes from midtown via MTA #6 subway or fast frequent MTA Express Buses.

SEE OUR MODEL APTS AND OUR *Premier* APARTMENT COLLECTION

SCHEDULE AN APPOINTMENT BY PHONE OR ONLINE

718-412-4695

Open House: Tues & Thurs 5:00pm-7:45pm, Sat 9:00am-12:45pm



www.parkchesternyc.com

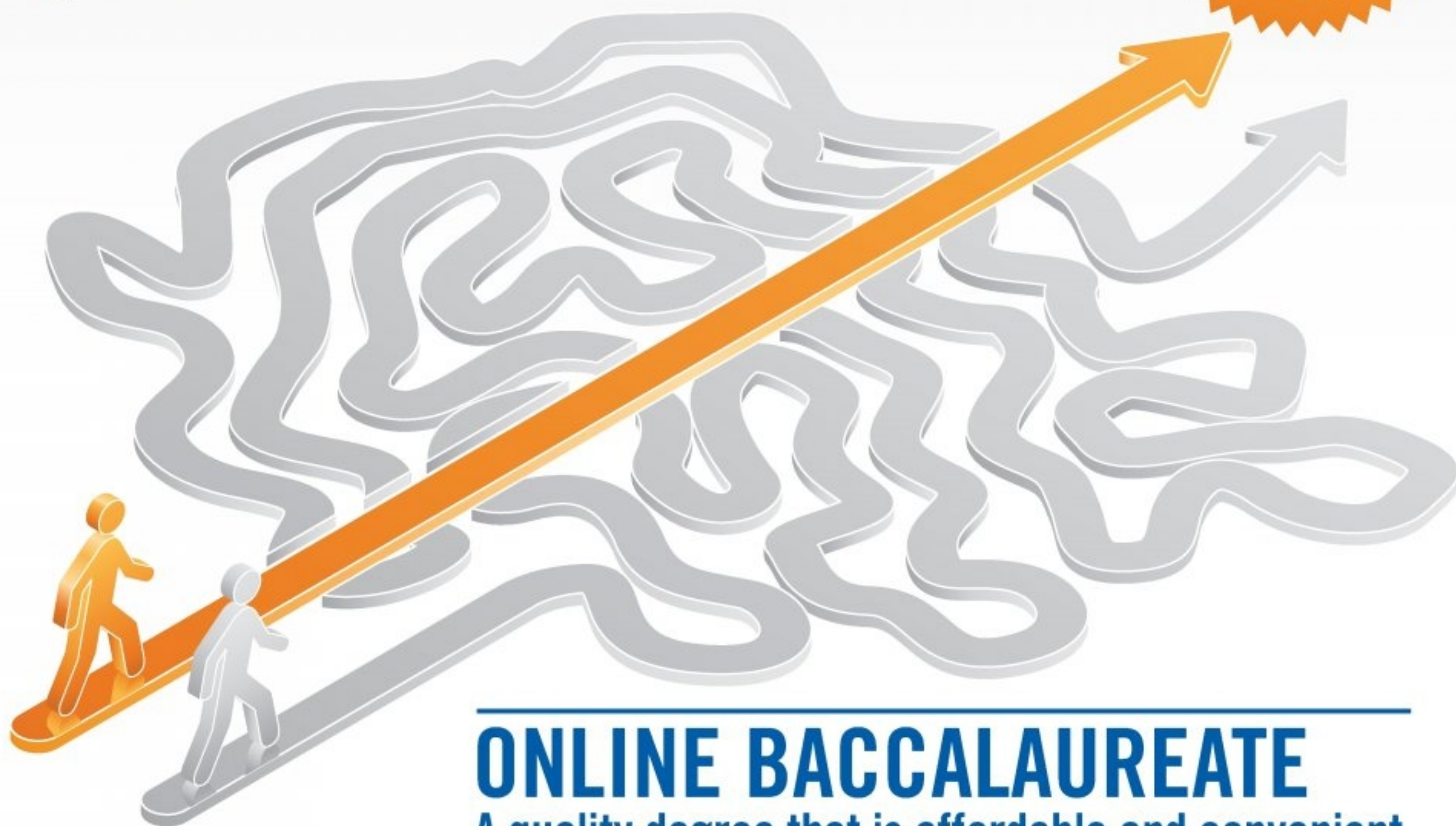
EHO

YOUR DEGREE IS CLOSER THAN YOU THINK

INFO SESSION

Tuesday, Sept. 27th, 6pm
CUNY Graduate Center
365 Fifth Ave. at 34th St.
Segal Theatre

NEW MAJORS
Health Information
Management
Sociology
Psychology



ONLINE BACCALAUREATE

A quality degree that is affordable and convenient.

Open to students with 30 or more college credits. Offering majors in:

- Business
- Communication and Culture
- Health Information Management
- Psychology
- Sociology



The City University of New York

APPLY NOW! START CLASSES IN THE SPRING

www.sps.cuny.edu/online • 212.652.CUNY (2869)



Scan code with
ScanLife for more info.